

# SHOREVIEWS

Shoreview City Newsletter and 2014 Winter Recreation Catalog

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Enjoy Shoreview's  
Winter Wonderland of fun





## 2014 Shoreview Citizen of the Year:

# George Robinson

<b>City Hall</b>	651.490.4600
<b>Community Center</b>	651.490.4700
<b>Parks and Recreation</b>	651.490.4750
<hr/>	
<b>Building Permits</b>	651.490.4690
<b>Code Enforcement</b>	651.490.4687
<b>Forestry</b>	651.490.4650
<b>Human Resources</b>	651.490.4619
<b>Planning and Zoning</b>	651.490.4680
<b>Recycling</b>	651.490.4650
<b>Sewer &amp; Water Maint/Svcs</b>	651.490.4661
<b>Streets</b>	651.490.4671
<b>Utility Billing</b>	651.490.4630

### Police

Police protection is provided by the Ramsey County Sheriff's Department. The District Office is located at 1411 Paul Kirkwold Drive, Arden Hills, MN 55112.

**For non-emergencies call 651.484.3366**

**For emergencies call 911**

### Fire

Fire protection is provided by the Lake Johanna Fire Department.

**For emergencies call 911 Dispatch**

**Non-emergency 651.767.0640**

### City Officials

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tschwerm@shoreviewmn.gov

### Access Shoreview

Sign up to receive our online newsletter that is sent after each City Council Meeting with City news and events. Visit the City's website at [www.shoreviewmn.gov](http://www.shoreviewmn.gov).



George Robinson was honored by Mayor Sandy Martin and the Shoreview City Council with the 2014 Shoreview Citizen of the Year Award at the annual Volunteer Appreciation Dinner on November 13, 2014. George has been involved with Gallery 96, an organization dedicated to promoting art in our community, since 1997. He was a past president and board member.

"He is still a large part of the core strength of our group," said Sue Hanson Lieser, President of Gallery 96. "He shares his talent as an artist, a mentor, a teacher, a friend, a facilitator for the Articulators and Art Discussions, and curator for semi-annual exhibitions." She added that much of his giving is behind-the-scenes, and that the hours of his volunteerism extend beyond Gallery 96, with George and his wife being active in their church and the Shoreview Community Center. He also served on the committee for Shoreview's 50th Anniversary Celebration.

Described as the "heart and soul" of Gallery 96 by City Manager Terry Schwerm, George's passion for the arts began when he met his future wife, Gretchen, in high school. According to George, she knew she wanted to be an artist since third grade. He, on the other hand, did not consider himself an artist – but after years of working on art projects together while dating, they decided they wanted to attend art school together. A turning point in his life, George attended the Hartford Art School for five years in their BFA (Bachelor of Fine Arts) program. "We've been a team ever since. I wouldn't have been an artist without her."

In his last year of art school, he taught painting classes to high school students. He also taught lettering, perspective and printmaking classes till 1969. He had left the University of Hartford dissatisfied and briefly retired, feeling that "God wanted me to do something else." This re-direction brought him to a new home in Shoreview, Minnesota – and a 30-year career as a professor at Bethel University. He also served as Chair of the Fine Arts Department.

*continued on page 3*

## 2014 Shoreview Citizen of the Year: *George Robinson*

While in art school, George was asked to hang art for the faculty and learned how to curate. "I found that I loved to do that. Organizing them, installing them..."

Gretchen and I both love that," George said. "It's like making a work of art out of art. It's fun because I get to meet and talk with other artists. I get to encourage artists – that's the best part. It's fun to get a chance to mentor. And I get ideas for shows; it helps me think of different themes and subjects."

He curates and installs Gallery 96's two annual exhibitions in the Ramsey County Library and their quarterly shows in the glass cases at the Shoreview Community Center. George still facilitates monthly art discussions through Gallery 96, where "artists bring their work, talk about what they did and why, and we critique them," he described.

The overall goal of Gallery 96, he says, is to give the artists in our community a place to show their work: "I think a

lot of people like art and they're interested in it. It's a part of how we're made; we're all creative in some ways, and it's important to use that creativity. And it's important to collect other people's art work," he said. "Art helps you notice things you don't ordinarily see."

Tom Reynen, Gallery 96 Vice President, credits George for being an inspiration and a mentor to him over the years. "He gave me valuable feedback on my photos and how to frame them, and he encouraged me to enter shows and display my work," he said, adding that George also served as a judge at an art show at AZ Gallery in Lowertown where he belongs, and he did a great job. "His passion for the arts shows through in everything he does, and he works tirelessly for Gallery 96."

"George's pleasant demeanor, artistic talent and wealth of information is a gift to Shoreview," said Sue.

## 2014 Caring Youth Award Winner: *Khadijah Pierce*

If you watched the Slice of Shoreview parade this past summer, you may remember seeing a giant red bear waving at the crowd while walking alongside Edina Realty's car.

Behind the fur was this year's Caring Youth Award winner. More than her fuzzy red costume, she would like others to remember this message: "Helping people should be a part of everyone's life, because not everyone has the same opportunities."

Khadijah Pierce graduated from Roseville Area High School last spring and is now studying Elementary Education at Hamline University. She says she enjoys working with young children and was accepted into a leadership program there that carries out volunteer projects.

She credits her mother, who was a social worker and is now a realtor, with inspiring her. Her love for volunteering began in preschool, helping with food drives. She used to sing in nursing homes, make cards for the residents, and helped her grandmother volunteer for Meals on Wheels.

At RAHS, she enjoyed serving as a Link Leader (a mentor to 9th grade students): "You have to set an example for freshmen and are going against what many seniors are known for doing," she said. "Freshmen seem less scared by the end of the day. It helps you feel special, because you're an older kid helping them."

For Khadijah, it was rewarding to watch the end results. One of the very shy students with whom she connected went on to run as a 10th grade delegate for student council. "I'm just real proud of her for doing that, and I hope she keeps doing that."

While a student athlete on her school's track team, she and her teammates planted flowers to beautify a local park. She plans to continue participating in track at Hamline. She has also played basketball and softball.

Outside of school, Khadijah offered her time as the only youth on a 20-person volunteer crew that cleaned up a hoarding house this past summer. Working outside, she pulled weeds, mowed the lawn, trimmed trees, and helped take a big pile to the yard waste site. "It was fun to see the transformation and felt good that we actually did something," she said, adding that the resident "was really happy."

Last summer, she also worked as a cashier at Target and for the City of Falcon Heights, coaching young children. "It felt busy but good to do so much."

She offers advice to others who feel they are too busy to volunteer: "Just find time – even a little. Anything helps. There's always a way to find time."



*Khadijah Pierce is a graduate of Roseville High School*

## Strong Building Activity Continues

Shoreview continues to experience a strong period of both commercial and housing development, with over \$32 million in new construction, which is more than double the same period as last year.

The following is a list of the most recent development approvals and construction activity going on in the community:

- Site and building plans have been approved for a proposed **Raising Cane's restaurant** on a building pad created in the auxiliary parking lot of Super Target. The restaurant chain specializing in chicken fingers is very popular in the South and growing in the Midwest. The store is expected to open by Summer 2015.



City County Credit Union CEO Patrick Pierce, Mayor Sandy Martin, and Board Chair James Snyder at the groundbreaking ceremony.

- Work on the construction of the new **City and County Credit Union** at 1001 Red Fox Road is progressing with completion slated for later this year. The branch facility is the final phase of the retail development that included Trader Joe's.

- Major renovations to the **Green Mill restaurant** and **Hampton Inn** are underway. The property owner is converting the hotel to a **Best Western Plus**, as well as revamping the Green Mill restaurant. The hotel will receive upgrades to interior spaces including guest rooms and expanded banquet space. Green Mill will be redesigned and will have a much larger outdoor patio space.
- Pulte Homes is currently building a number of single-family homes in a new residential 25-lot subdivision called **Autumn Meadows** in northern Shoreview off of Lexington Avenue near the north water tower.
- Construction began in September on the 77-unit senior housing cooperative called **Applewood Pointe of Shoreview** by United Properties on the former Kozlak's Royal Oak Restaurant property at Tanglewood Drive and Hodgson Road. The project is expected to open in about a year.



The Lakeview Terrace Apartments held a ribbon cutting ceremony in September.

- The grand opening of the new upscale **Lakeview Terrace Apartments** at Owasso and Victoria Streets near County Road E occurred in September. The luxury rental apartment complex is the first new market rate project built in Shoreview since the 1980s. The project involved the redevelopment of the old Midland Plaza shopping center.

## Shoreview's Apartment Complexes are Reinvesting

While the majority of housing in the City is found in traditional single-family homes, there are a few apartment communities that provide much needed rental options for residents. This housing type serves a broad range of residents, particularly younger households, empty nesters and is a senior housing choice for many older residents. The City has eight rental communities, four of which provide housing for seniors and include independent living, assisted living and memory care. The remaining four apartment communities are general occupancy and with the exception of Lakeview Terrace, were constructed in the late 1960's and early 1970's.

As these structures have aged, the property owners have been reinvesting in the structures and units to remain competitive in the market and meet the changing needs of residents.

**Midland Terrace** - Tycon Companies, who manages Midland Terrace at 3529 Owasso Street, participated in the Urban Land Institutes Opportunity City Program. This program highlights that housing is a vital community asset and cities need to be more intentional in how they plan for different types of housing. As part of this program, Tycon Companies received assistance from their Technical Advisory Panel, which evaluated the current complex and development opportunities. Recommendations were then made that addressed strategic maintenance of the building and units and identified redevelopment opportunities. As a result, Tycon has reinvested in the existing complex with a new garage, improvements to the community center, including the recreation room, workout room and entryway. Approximately 80% of the units that become vacant are also upgraded with new flooring, cabinetry and bathroom renovations. Tycon believes the renovations provide a product that better meets the needs and expectations of today's renters.

**Lakeview Terrace** - In addition, Tycon Companies, in partnership with the City, undertook a major redevelopment project with the new Lakeview Terrace apartment complex located at 3595 Owasso Street. Tycon Companies has invested over \$20 million dollars in this project which is not only the newest complex in the City but provides the only luxury apartment option. The units in this 6-story building are generally larger in size and have high-end finishes such as granite counter-tops, stainless steel appliances and tile.

*The new clubhouse at Lakeshore Oaks Apartments.*

### Lakeshore Oaks -

Steven Scott Management has also made significant investment in their complex, Lakeshore Oaks, 577 Harriet Avenue. While improvements have been made to the entire complex, the most visible are an addition onto the existing community center and outdoor amenities in the common space. The community center has been remodeled and provides an exercise area, gathering spaces for residents, offices and restrooms. Other improvements to the common area include rain gardens for stormwater management, pool improvements, fire pit, grills and seating areas. In each of the buildings, the interior corridors were remodeled, security system enhanced, and the laundry areas improved. The units were also enhanced with new cabinets, kitchen appliances, bath fixtures and floor coverings.

### Shoreview Hills -

Carew Properties has made considerable improvements to Shoreview Hills, 4150 Lexington Ave. N., with nearly 96% of its apartment homes undergoing renovations in the last five years. New roofs were added, along with new siding, windows, lighting fixtures, patio doors and balconies. Management added a new security system and has begun to add upgrades such as hardwood floors, custom kitchens, new countertops, stainless steel appliances and remodeled, expanded bathrooms to some units. An all-new expanded playground has been a popular addition, as well as new benches, tables and additional grilling areas. Updated landscaping and new retaining walls are also recent additions. A new fully-furnished, enhanced guest suite has also become available for rent, and a complete renovation of residents' garage units is in the planning stages.

The investments made in these complexes reflect the City's goal of increasing housing options through the reinvestment in our apartment communities and redevelopment. Such investments not only provide additional options for households looking to move to Shoreview but also for existing residents who are interested in selling their single-family homes but want to remain in Shoreview.



*A newly renovated kitchen at the Shoreview Hills Apartments.*



## Rental License Renewal Time

A friendly reminder: It's renewal time again for rental licenses within Shoreview, as all will expire on December 31, 2014. Applications to renew a license must be submitted **before** this expiration date. The license can be renewed if the property complies with the City's property and housing maintenance codes, the utility bill is current and conduct issues are not present. Please keep in mind that the following fees apply with the license renewal:

- \$75 fee for the application
- \$75 late application fee (for each property renewal that is late)
- \$50 fee for re-inspection of property due to code violations or no-show.

If you have not received a renewal notice from the City of Shoreview, please contact Brent Marshall, our Housing and Code Enforcement Officer, at 651.490.4687, or e-mail [bmarshall@shoreviewmn.gov](mailto:bmarshall@shoreviewmn.gov). You may also visit [www.shoreviewmn.gov](http://www.shoreviewmn.gov) for further information, including an option to apply for the renewal license online.

## Channel 16 City Meeting Broadcast Schedule

Tune in to CTV Channel 16 for access to public meetings, community events and other local government information.

### Shoreview City Council Meetings

**Live:** Every first and third Monday of the month at 7 P.M.

**Replays:** Monday, Wednesday, Friday and Saturday at 12:30 P.M. and 7 P.M.

Tuesday, Thursday and Sunday at 12:30 A.M., 8 A.M. and 3 P.M.

### Shoreview Planning Commission Meetings

**Live:** Every fourth Tuesday of the month at 7 P.M.

**Replays:** Monday, Wednesday, Friday and Saturday at 12:30 A.M. and 8 A.M.

Tuesday, Thursday and Sunday at 7 P.M.



## Facts About Home Holiday Fires

- One of every three home Christmas tree fires is caused by electrical problems.
- Although Christmas tree fires are not common, when they do occur, they are more likely to be serious. On average, one of every 40 reported home structure Christmas tree fires results in a death, compared to an average of one death per 142 total reported home structure fires.
- A heat source too close to the tree causes roughly one in every six of Christmas tree fires.
- More than half (56 percent) of home candle fires occur when something that can catch on fire is too close to the candle.
- December is the peak time of year for home candle fires. In December, 11 percent of home candle fires began with decorations, compared to 4 percent the rest of the year.

Source: National Fire Protection Association



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[www.facebook.com/  
cityofshoreview](http://www.facebook.com/cityofshoreview)

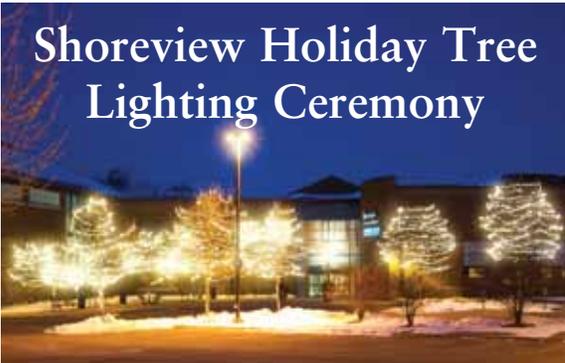
## Budget Hearing



Shoreview will host its public hearing on the 2015 budget and tax levy on Monday, December 1, 2014 at 7:00 p.m. The proposed property tax levy of \$10.3 million represents a 3.52% increase over the 2014 tax levy. The portion of the levy supporting City services results in a 2.26% increase in the tax levy which is primarily due to the increase in police and fire contract costs. The remaining 1.26% increase is the result of debt, capital replacements, capital improvement funds and the EDA. This tax levy is \$154,753 lower than the adopted biennial budget for 2015. The City is not scheduled to receive any local government aid (LGA) for 2015.

Take a look at how Shoreview's share of the property tax bill compares to similar sized cities by reading our Community Benchmarks booklet, now available online at [www.shoreviewmn.gov](http://www.shoreviewmn.gov).

## Shoreview Holiday Tree Lighting Ceremony



The community is invited to the annual City of Shoreview Holiday Tree Lighting ceremony on Thursday, Nov. 20, starting at 6 P.M. outside the Shoreview Community Center.

City officials will light the grounds at the Shoreview Commons, and the student choir from Turtle Lake Elementary will provide holiday caroling. Refreshments will be served after the ceremony.

For more information, please call 651.490.4613.

## COUNCIL CONNECTION

*Pictured back row, left to right: Ady Wickstrom, Terry Quigley and Emy Johnson.*

*Front row, left to right: City Manager Terry Schwerm, Mayor Sandy Martin and Ben Withhart.*



In an effort to provide up-to-date information, the City publishes the **Council Connection** – a summary of major actions of the Shoreview City Council. The Council Connection, previously included in **Access Shoreview**, can now be found right here in our official publication, **ShoreViews**.

## RECENT COUNCIL ACTIONS

### October 20

- Approved the renewal of the Joint Powers Agreement with the Ramsey County Geographic Information System Users Group. This agreement allows the City to have access to the County's base mapping necessary for the City to inventory its streets, trails, storm sewers, and other municipal utilities.

### October 6

- Approved a proposal from Granicus, Inc. for live and on-demand video streaming services. This will allow the City to stream its City Council and Planning Commission meetings live and archive them on the City's website for playback.
- Appointed two individuals to serve on the City's Economic Development Commission to fill vacancies due to two resignations. Michael Tarvin was appointed to fill the term of Commissioner Dave Lukowitz, who resigned after 20 years of service. Kirk VanBlaircom was appointed to fill the vacancy left when Commissioner Gene Marsh moved out of the city.

### September 15

- Approved the issuance of \$6,980,000 General Obligation Refunding Bonds. These bonds will refinance two outstanding debt obligations and will offer the City additional interest savings based on lower interest rates, as well as eliminate potential federal government reimbursement reductions. Based on present value interest rates, the City could potentially save as much as \$325,000 with this refunding.

Visit the City of Shoreview website: [www.shoreviewmn.gov](http://www.shoreviewmn.gov)

## Home Energy Programs and Financing from the NEC

The Neighborhood Energy Connection (NEC) is a 29-year-old Saint Paul-based nonprofit organization that provides energy conservation information, services and programs to residents and communities across Minnesota. They partner with individuals, community groups, utilities, businesses, and institutions to design and deliver high-quality energy conservation services. The NEC provides resources and practical tips to help you reduce your home energy bills and increase your home's comfort. The following is a list of programs and financing available through the NEC. More information can be found online at [www.thenec.org](http://www.thenec.org).



### Energy Programs Offered

#### Home Energy Audit

Find out exactly where to make home energy improvements and how much you will save.

#### Home Energy Squad

If you need CFL light bulbs, door weatherstripping, or a programmable thermostat, the Home Energy Squad is the place to start. The service will install a whole package of energy-efficient items in your home for a flat fee of just \$70. Take care of multiple energy-saving projects in one easy visit.

#### Energy Advisor at Your Service

If you have questions or need help starting a project, this program may be for you.

#### Energy Fit Homes

When your home is *Energy Fit Homes* certified, you know your home has reached its energy savings potential, and you'll have the certificate to show it.

#### Customer Testimonials

We help more than 7,000 families a year across Minnesota improve their homes' comfort and energy efficiency while saving money! Read the nice letters and emails we get from satisfied customers, plus read stories about how people like you have made energy improvements to their home.



### Energy Financing Available

Accomplish all of your home energy projects with NEC financing. Several loan options are available. Go to [www.thenec.org/financing](http://www.thenec.org/financing) to see details.

**Energy Fix-Up Loan – Unsecured / Secured –** available to Minnesota homeowners.

- No second mortgage, no home equity required and no income limits.
- A great choice for energy-only projects with financing up to \$15,000 at 4.99%.

**Fix-Up Loan –** available to Minnesota homeowners.

- Secured as a mortgage on your property.
- Borrow up to \$50,000 at 5.99% to cover almost any home improvement.
- Income limit \$96,500.

**Fix-Up Loan Unsecured –**

- available to Minnesota homeowners.
- No second mortgage and no home equity required.
- Borrow up to \$15,000 at 6.49% for energy improvements and home remodeling. Income limit \$96,500.

**Suburban Ramsey County Energy Conservation Deferred Loan -** available to Ramsey Co. homeowners, excluding St. Paul.

- For homeowners in select Ramsey County cities.
- Forgiven when you own your home for ten years.

**Energy Smart Homes –**

- available to Saint Paul homeowners.
- A zero-interest, 15-year deferred loan for Saint Paul homeowners and landlords.
- No income limits and no equity requirements.

# 10 Tips for Snow Plowing Season

To survive most winter plowing seasons here, patience and a cooperative attitude are necessities. We can ease many winter snowstorm frustrations when we as citizens, plowing contractors, and city crews work together. To minimize plow-related problems, and to help ensure that city crews do the most effective job possible, here are some things you can do:

1. Observe Shoreview's parking regulations: Don't park your car on any city street between the hours of 2 a.m.- 5 a.m., or after a two-inch snowfall. This ensures more effective plowing – and helps you avoid a citation.
2. Wait until the plow trucks have completed your street before cleaning the end of your driveway. City plows are designed to discharge snow to the sides of the road and cannot skip driveway areas.
3. Snow from the bottom of your driveway should be shoveled to the right, as you are facing the street. This will lessen the amount of snow placed back into the driveway during the next plowing.
4. If hiring a snow removal contractor for your driveway, please remind them about state and local laws that prohibit pushing or placing snow back into or across the street. Doing so not only creates hazards for drivers, but also makes it difficult for the city to keep the streets clean.
5. Clear snow from your mailbox area after each plowing. Snow that remains in front of mailboxes will get compacted by post office vehicles and make later plowing less effective.
6. If trash and recycling pickup day coincides with plowing activities, make sure your bins are well behind the curb or in the driveway, so the plow will not hit them.
7. If you have experienced sod damage in the past, mark your yard line with flexible stakes or lathe to help the plow operators avoid future damage.
8. It can be difficult for the plow operators to see children, so don't allow children to build snow forts and tunnels in the snow banks adjacent to the curb, or to play near the curbs.
9. Keep sleds and toys away from the street.
10. Locate the hydrant nearest to your home, and keep snow shoveled away from it so it is accessible in an emergency.



## Be Prepared and Let it Snow

### Driveways

When it comes to snow removal from public streets, one of the most common frustrations is the snow deposited in driveways. Unfortunately, snow collected on the plow blade has no other place to go but in the boulevard areas – including driveways. While plow drivers make every attempt to reduce the amount of snow deposited in driveways, it can still be significant.

Regardless, the City cannot provide private driveway cleaning after plowing public roads. Property owners should also use the (non-improved) boulevard areas for storage of snow blown or thrown from their driveways and private sidewalks.

Municipal Code 211.060 (D) states: “No person, by whatever means, shall deposit snow on the improved portion of publicly dedicated street, alley, sideway, bike path, trail way or parking lot.”

### Sod and Sprinkler Systems

You can stake out your yard along the curb line with flexible driveway markers with reflectors to protect your yard from possible damage. Despite the plow operator's best efforts, sod along the edge of the road may occasionally become damaged during snow removal activities. In general, the City will repair boulevard sod damaged by snow plows or trucks. The City will not be responsible for damage to underground irrigation systems and landscaping within the City's right-of-way.

## Crime Prevention Tips for the Holiday Season

Nothing can ruin the holiday spirit faster than becoming a victim of crime. Unfortunately, the holiday season is a time of opportunity for thieves to burglarize your home for cash, credit cards and gifts. As we make plans to spend time with families and friends this season, please remember some important crime prevention steps for a safer season:

### Prevent theft from your vehicle:

- When parking your vehicle to go shopping, remember where you parked it! Always lock your car, and park in a well-lit and well-traveled area.
- Have your keys in hand when approaching your vehicle. You will be ready to unlock the door and will not be delayed by fumbling and looking for your keys.
- When storing items purchased at the stores, place them out of sight. The best place is in a locked trunk. And, of course, do not leave your purse, wallet, or cell phone in plain view.

### Financial card and online shopping considerations:

- If you go to an automatic teller machine for cash, check for people around and make sure it is well-lit and in a safe location.
- Carry only the credit cards you need, and avoid carrying large amounts of cash.
- Keep your personal information private and your password secure. Do not respond to requests to verify your password or credit card information unless you initiated the contact. Legitimate businesses will not contact you in this manner.



### Home security and safety tips:

- Don't display wrapped boxes under a lighted tree in the front window for thieves to see as they drive past your home.
- Don't pile up empty gift boxes from your new computers, flat panel televisions, DVD players and other electronics in front of your home on garbage day. Thieves will appreciate knowing that you have expensive gifts inside your home for them to steal. Instead, break boxes down and conceal the advertising when setting them out for recycling.
- Do NOT post your activities (gifts or plans to be away from home) on social media pages.

The Ramsey County Sheriff's Office wishes you a very happy and safe holiday season.

## Deck the Halls and Collapse Your Cardboard

The holiday season creates an enormous amount of cardboard waste, especially from boxes. As part of the City's recycling program, a large dumpster is available to Shoreview residents to recycle cardboard items. To prevent the hauler from making additional trips, please make sure to collapse and flatten any cardboard boxes before dropping them off. The cardboard recycling drop off is located in the Library parking lot at 4570 Victoria Street North.





As another year winds down, you may be wondering what to do with your old, outdated and unwanted electronics.

Electronics don't belong in the garbage. They may contain heavy metals such as lead, cadmium or mercury, which are harmful to human health and the environment. Numerous recycling options are available in the Twin Cities area.

If your gadget still works, consider donating it. If not, there are several recycling options to ensure the materials are disposed of properly. In addition to recycling them at City clean up days in the spring and fall, you can drop off your items at these local retailers:

### RETAILER RECYCLING PROGRAMS

#### Best Buy

[www.bestbuy.com/ecycle](http://www.bestbuy.com/ecycle)

Minnesota Best Buy locations accept nearly all electronics for free recycling, including tube TVs and monitors up to 32", flat-panel TVs and monitors up to 60", desktop and laptop computers, peripherals, DVD players, home and car audio, cell phones, MP3 players, and cables. Small electric items, fans, and vacuums are also accepted. A maximum of three items per household per day is accepted.

## Electronic Waste: Out with Old

#### Office Depot

[www.officedepot.com/a/promo/pages/0928\\_recycling/](http://www.officedepot.com/a/promo/pages/0928_recycling/) Office Depot customers can purchase a Tech Recycling Box from any Office Depot store that they can then fill with as many acceptable items that can fit. Then they can bring the unsealed box to any Office Depot store for recycling. These boxes come in 3 different sizes: Small (\$5), Medium (\$10), Large (\$15). Items that are acceptable include most office equipment, televisions, cell phones, and other household electronics. Check the website for more details.

#### Staples

[www.staples.com](http://www.staples.com) - click on [Services](#) - then click on [Recycling and Eco-Service](#) Staples stores accept many types of electronics for recycling for free, including: Computers (desktop and laptop), computer monitors and peripherals (external hard drives, keyboards, mice, modems, printers, routers, scanners and speakers), digital cameras, GPS devices, MP3 players, phones (cell and cordless), shredders and tablets. Limit 6 items per customer per day. All brands of items are accepted regardless of where purchased. Items not accepted include: appliances, floor-model copier and printers, stereo/home AV equipment, and televisions.

For more information, call 651.633.EASY (3279) or visit [RamseyAtoZ.com](http://RamseyAtoZ.com) online.

Sixth Annual | Slice of Shoreview

# TASTE

*of* SHOREVIEW

Thursday | February 19th, 2015  
5:00 p.m. – 9:00 p.m.

Shoreview Community Center  
[www.SliceofShoreview.com](http://www.SliceofShoreview.com)

\$20 advance | 2 for \$35 advance  
\$25 at door | 2 for \$40 at door

Hosted by the Slice of Shoreview Days Committee  
and sponsored by  
Shoreview Einhausen Sister City Association  
Visit [www.SliceofShoreview.com](http://www.SliceofShoreview.com) for more details

*The Shoreview*  
NORTHERN LIGHTS  
VARIETY BAND

Bring the entire family to the Shoreview Northern Lights Variety Band's annual Holiday Concert at Benson Great Hall, Bethel University on Saturday, Dec. 13 at 7:00 p.m. Doors open at 6:00 p.m. Before the concert, enjoy a cozy horse-drawn carriage ride from the parking lot to Benson Hall and festive lobby music performed by band members. This year's "Old Fashioned Holiday" program features a variety of popular, cherished and traditional seasonal music, plus a few surprises for the children.

Advance tickets are \$12. Purchase tickets at [www.snlvb.com](http://www.snlvb.com) or during regular business hours at Shoreview City Hall or the Shoreview Community Center. Tickets are \$15 at the door.

## SESCA – Shoreview Einhausen Sister City Association

*Continuing to Foster Relationships While Enjoying International Culture*

by Jen Leach

SESCA has had an exciting 2014! In late October, we welcomed 24 guests from our Sister City, as well as guests from Attichy, France. Several residents from Shoreview and surrounding areas opened up their homes to our friends for four days. Our guests toured both Minneapolis and St. Paul attractions, learned about the history and culture of our state, and enjoyed a special welcome dinner at North Oaks Country Club. Their visit further solidified the already long-lasting friendships, and also began new connections with families here. A special thank you to area residents that hosted!

Our gift of a giant “Giggel” (Rooster) to the people of Einhausen also finally found its home at the entrance to their city after a long customs process. The townspeople held a special festival in honor of the new mascot, and a few members from our board were able to attend the special event in April and say a few words. A great time was had by all.

SESCA members also had a great time over the summer once again participating in the Slice of Shoreview Days parade!

If you were not aware that Shoreview has a Sister City, we invite you to join one of our meetings or fun events to learn more. Our non-profit has been fostering relationships

since 2003, and we exist to create opportunities for all citizens of the greater Shoreview area to experience the German culture in a fun and enriching way! Be on the lookout in early 2015 for informal restaurant gatherings (and perhaps even a beer tasting!), community involvement, travel opportunities and so much more. If you would like more details of what we’re about, we welcome you to join us on the first Tuesday of every month at the Shoreview Community Center City Hall (lower level).

More information can be found at [www.sesca.org](http://www.sesca.org).



SESCA takes a quick group “selfie” before walking in the Slice of Shoreview Days parade in July 2014

## An Evening with Friends

Build the Foundation. Create your Legacy.

**Thursday, December 4, 2014**

5:30 p.m. at the Shoreview Community Center

Program: “A Stroll through Shoreview’s Colorful History,” performed by Lakeshore Players. Enjoy a complimentary dinner catered by Creative Catering and music from Classical Sounds Trio. Guests will have the opportunity to support the work of the Foundation by making a tax-deductible donation.

To reserve your space, contact Kent Peterson at [peterston751@msn.com](mailto:peterston751@msn.com) or call 651.483.3935 by November 24.

Gold sponsors for the event: Land O’Lakes, Exxon of Shoreview, North Suburban BP, PaR Systems and Holcomb, Henry, Boom Purcell Funeral Home



SHOREVIEW COMMUNITY  
FOUNDATION

## Remembering the Circle S Ranch



Do you recognize this rider?

The Circle S ranch, owned during the 1950's by Wade Page, was located on Lexington Ave., across from today's Target store. Although it opened in the late 1940's, it was in the 1950's that it became the place to ride. Wade Page is remembered fondly by many

former riders, especially Mayor Sandy Martin, who not only bought his horse after he died, but named one of her sons Wade in his honor.

### Circle S – The Place

“Besides the barn, there were several other buildings. There was the combination bunk house and tack room, the ‘pop room’ with an additional living space behind it, the well house and the outhouse,” recalls former rider Connie Bubar Kollman. She described that the barn could hold almost 60 horses, partitioned off. “Each horse had a manger and a small feed box. Each horse’s bridle hung behind him.”



Mayor Sandy Chandler Martin was one of the panelists discussing the former Circle S Ranch at a SHS sponsored program Oct 12 at the Shoreview Community Center. Left to right: Connie Bubar Kollman, Harvey Karth, Mayor Sandy Chandler Martin.

She added that the bunk house was primitive with a stove and no running water. The main room held a couch and some chairs and a table, while another smaller room held two bunk beds. The tack room had all the saddles for the horses and supplies. The pop room was the main building. It had a counter at one end with pop and candy for sale (Nesbitt’s orange & Pearson’s salted nut rolls, which were Connie’s favorites).

It would cost \$1.00 to ride on weekdays and \$1.25 on weekends.

“The outhouse was smelly!” she added.

### Circle Star Saddle Club and Fun Days

Monthly Fun Days were riding events that were held in the ring, had an announcer and were judged, sometimes by Shoreview native Harvey Karth.

Among the events: Horsemanship, western pleasure, barrel racing, bareback tandem, pole weaving, keyhole race, rescue race, pony express, egg and spoon and potato races. Winners received blue, red or yellow ribbons.

Circle S also hosted hay rides and sleigh rides in later years. Some Saddle Club members used to drive the teams.

Other Saddle Clubs during this era included the Hilltop, Northwest and High Rider Saddle Clubs. Dan Ramberg, a former Roman Rider, now owns the current Waldoch Stables in Hugo.



If you have any additional information or photos about Circle S, the SHS would enjoy hearing from you. Please visit the SHS website at [www.shoreviewhistoricalsociety.org](http://www.shoreviewhistoricalsociety.org).

## Want to Feel Great and Burn Calories at the Same Time? Volunteer!

Northeast Youth and Family Services isn't selling anything new – they're just offering a free, time-tested way to feel better about yourself and make a positive impact in your community.

NYFS is currently looking for youth and adult volunteers who are willing to spend a few hours per week, per month or on an as-needed basis to help seniors with indoor and outdoor chores. Activities can include light housekeeping, snow shoveling or even minor repair work. Your investment of time and effort will bring cheer and much-needed help to seniors who wish to live independently in their homes for as long as possible.

For more information about NYFS, please visit us on the web at [www.nyfs.org](http://www.nyfs.org). To learn more about volunteering for the Senior Chore program, please contact Debbie Wells at 651.757.4061.



Meeting dates/times/locations are subject to change. For more current information, visit [www.shoreviewmn.gov](http://www.shoreviewmn.gov) or call 651.490.4600.

(CC) Council Chambers  
 (UC) Upper Conference Room  
 (LC) Lower Conference Room

(MC) Maintenance Center  
 (SP) Shoreview Pavilion  
 (LLPL) Lower Level Parking Lot

(CCPL) Comm. Center Parking Lot  
 (SCC) Shoreview Community Center  
 (SCP) Shoreview Commons Park

## NOVEMBER 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	4	5	6	7 Bikeways and Trails Committee 7 pm, LC	8
Recycling Week November 10-14						
9	10 Council Workshop 7 pm, CC	11 City Offices Closed – Veterans Day	12	13	14	15
16	17 City Council Meeting 7 pm, CC	18 Planning Commission 7 pm, CC	19 Econ. Dev. Comm. 7:30 am, UC Hum. Rights Commission 7 pm, CC	20 Holiday Lighting Ceremony 6 pm, CCPL Public Safety Meeting 7 pm, LC	21	22
Recycling Week November 24-29						
23/30	24 Environ. Quality Comm 7 pm, CC	25	26	27 City Offices Closed – Thanksgiving	28 City Offices Closed – Thanksgiving	29

## DECEMBER 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	2	3	4 Bikeways and Trails Committee 7 pm, LC	5	6
Recycling Week December 8-12						
7	8 Council Workshop 7 pm, CC	9	10	11	12	13
14	15 City Council Meeting 7 pm, CC	16 Econ. Dev. Comm. 7:30 am, UC Plan. Commission 7 pm, CC	17 Hum. Rights Commission 7 pm, CC	18	19	20
Recycling Week December 22-27						
21	22 Environ. Quality Comm 7 pm, CC	23	24 City Offices Closed – Christmas	25 City Offices Closed – Christmas	26	27
28	29	30	31 Family New Year's Eve Party, 6 pm, CC			

## JANUARY 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 City Offices Closed – New Year's Day	2	3
Recycling Week January 5-9						
4	5 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	6	7	8	9	10
11	12 Council Workshop 7 pm, CC	13	14	15 Public Safety Meeting 7 pm, LC	16	17
Recycling Week January 19-23						
18	19	20 Econ. Dev. Comm. 7:30 am, UC City Council Meeting 7 pm, CC	21	22 Parks and Recreation Commission 7 pm, CC	23	24
25	26 Environ. Quality Comm 7 pm, CC	27 Planning Commission 7 pm, CC	28 Hum. Rights Commission 7 pm, CC	29	30	31
Recycling Week September 29 - October 3 (Sept. 1 is a holiday)						

## FEBRUARY 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Econ. Development Authority 5 pm, CC City Council Meeting 7 pm, CC	3	4	5 Bikeways and Trails Committee 7 pm, LC	6	7
Recycling Week February 2-6						
8	9 Council Workshop 7 pm, CC	10	11	12	13	14
15	16	17 Econ. Dev. Comm. 7:30 am, UC City Council Meeting 7 pm, CC	18	19	20	21
Recycling Week February 16-20						
22	23 Environ. Quality Comm 7 pm, CC	24 Planning Commission 7 pm, CC	25 Hum. Rights Commission 7 pm, CC	26 Parks and Recreation Commission 7 pm, CC	27	28

### Federal Elected Officials

**U.S. Senator Amy Klobuchar**  
302 Hart Senate Office Bldg.  
Washington, DC 20510  
612.727.5220 or 202.224.3244  
www.klobuchar.senate.gov/emailamy.cfm

**U.S. Senator Al Franken**  
309 Hart Senate Office Building  
Washington, DC 20510  
651.221.1016 or 202.224.5641  
info@franken.senate.gov

**U.S. Representative Betty McCollum**  
1714 Longworth House Office Bldg.  
Washington, DC 20515  
651.224.9191 or 202.225.6631  
www.house.gov/mccollum/contact.html

### State Elected Officials

**Governor Mark Dayton**  
130 State Capitol  
75 Rev. Martin Luther King Jr. Blvd.  
St. Paul, MN 55155  
651.296.3391  
mark.dayton@state.mn.us

**State Senator Bev Scalze-District 42**  
75 Rev. Dr. Martin Luther King Jr. Blvd.  
Capitol, Room 124, St. Paul, MN 55155-1606  
651.296.5537  
sen.bev.scalze@senate.mn

**State Rep. Barb Yarusso-District 42A**  
507 State Office Building, 100 Rev. Martin  
Luther King Jr. Blvd., St. Paul, MN 55155  
651.296.0141  
rep.barb.yarusso@house.mn

**State Rep. Jason Isaacson-District 42B**  
545 State Office Building, 100 Rev. Martin  
Luther King Jr. Blvd., St. Paul, MN 55155  
651.296.7153  
rep.jason.isaacson@house.mn

### County Elected Officials

**Ramsey County Commissioner**  
**Blake Huffman**  
City Hall-220 Courthouse  
15 W. Kellogg Boulevard, St. Paul, MN 55102  
651.266.8350  
blake.huffman@co.ramsey.mn.us

### Post Office – Retail Center

1056 Highway 96 E.  
Vadnais Heights, MN 55127  
Phone: 651.407.9864  
Mon.-Fri.....8:30 A.M. – 5:30 P.M.  
Sat..... 9 A.M. – 1 P.M.

### Animal Control

For animal complaints or to report a lost or found pet, call the Ramsey County Sheriff's Office non-emergency number at 651.484.3366.

For other emergencies, call 911.

All impounded animals will be held at the following location:

Hillcrest Animal Hospital  
1320 Country Road D Circle  
Maplewood, MN 55109  
651.484.7211  
Mon, Wed & Fri.....8 A.M. – 6 P.M.  
Tues & Thurs.....8 A.M. – 8 P.M.  
Animal Control on Facebook:  
[www.facebook.com/RCAAnimalControl](http://www.facebook.com/RCAAnimalControl)

### Police

Police protection is provided by the Ramsey County Sheriff's Department. The District Office is located at 1411 Paul Kirkwood Drive, Arden Hills, MN 55112.



**For non-emergencies,  
call 651.484.3366**  
**For emergencies, call 911**

### Fire

**For emergencies,  
call 911**  
**Dispatch, Non-emergency  
651.767.0640**  
Lake Johanna Fire Department  
Fire Chief, Tim Boehlke 651.481.7024  
ljfd@ljfd.org



### Ambulance & Paramedic

Ambulance and paramedic services are provided by Allina Medical Transportation.  
**For emergencies, call 911**

### Ramsey County Library – Shoreview

4750 Victoria Street North  
Shoreview, MN 55126  
Phone: 651.486.2300 | www.ramsey.lib.mn.us

**Hours:**  
Mon.-Thurs.....10:00 A.M. – 9:00 P.M.  
Fri., & Sat. ....10:00 A.M. – 5:00 P.M.  
Sun..... noon – 5:00 P.M.

### Public Transportation

Transit Link (formerly Dial-A-Ride) is a curb-to-curb minibus or van service that operates within certain Twin Cities communities. It is a shared-ride service which must be reserved in advance. Call 651.602.5465.

Make your commutes easier. Just hop on Route 261 from Shoreview Community Center to Minneapolis. Ride Route 261B each weekday evening. Or, to get to downtown St. Paul, take Route 62 from the Shoreview Community Center and Route 62C to return. 612.373.3333

**Metro Mobility:** Metro Mobility is a door-to-door public transportation system for people with disabilities in the Minneapolis-St. Paul area and many adjoining suburbs. 651.602.1111

### Community Support & Resources

**Northeast Youth and Family Services** provides support programs for youth, families, adults and seniors. Services include mental health, youth development, and senior chore assistance.  
3490 Lexington Avenue North, Suite 205,  
Shoreview, MN 55126  
651.486.3808 | www.nyfs.org  
Mon., Tues. & Thurs. 8:00 A.M. – 8:00 P.M.  
Wed. ....8:00 A.M. – 5:00 P.M.  
Fri.....8:00 A.M. – 3:30 P.M.  
*Additional evening appointments may be available.*

The **Senior LinkAge Line** connects seniors with the services they need, including housing, home health care, housekeeping, transportation, legal and financial assistance and more. Call 651.641.8612 or 1.800.333.2433.

# GENERAL INFORMATION AND HOURS



The Shoreview Community Center offers numerous activities that will make you feel more **ENERGIZED**, more **ENGAGED**, more **PRODUCTIVE** and can actually improve the **QUALITY OF YOUR DAILY LIFE.**



## Call for More Information

Community Center Information  
**651.490.4700**  
 Recreational Programs (classes)  
**651.490.4750**  
 Rental Information  
**651.490.4790**  
 City Information  
**651.490.4600**  
[www.ShoreviewCommunityCenter.com](http://www.ShoreviewCommunityCenter.com)

## Daily Fees

Includes admission to the Tropics Indoor Waterpark, Indoor Playground, Fitness Center, Gymnasium and Indoor Track.

### Daily Pass

	Rate	Shoreview Resident
Adult (18 and over).....	\$ 9.95.....	\$ 8.50
Youth (1 to 17; under age 1 free with paying adult) .....	\$ 8.95.....	\$ 7.40
Family* (2 adults + children living in same household).....	\$34.75.....	\$ 28.00
Seniors (65 and older).....	\$ 8.95.....	\$ 7.40

\*Family pass is limited to six individuals living in same household. Each additional person is \$4.50.

**Indoor Playground Only** (ages 1 to 12) ..... \$ 5.00..... \$ 5.00

### Coupon Books (Includes 10 daily passes)

Adult.....	\$89.55.....	\$ 76.50
Youth/Senior.....	\$80.55.....	\$ 66.60
Playground.....	\$47.24.....	\$ 47.24

### Senior Track Discount (65 and over – for track use only)

Per visit..... \$ 4.55..... \$ 3.45

Fees are subject to change. We welcome payment by Visa and MasterCard. 

All rates above include sales tax.

## Hours

	Community Center	Waterpark**	Playground
Mon & Wed	5:00 A.M. – 10:00 P.M.	4:00 – 8:00 P.M.	8:00 A.M. – 8:00 P.M.
Tues & Thurs	5:00 A.M. – 10:00 P.M.	Closed	8:00 A.M. – 8:00 P.M.
Friday	5:00 A.M. – 10:00 P.M.	4:00 – 9:45 P.M.	8:00 A.M. – 8:00 P.M.
Saturday	6:00 A.M. – 8:00 P.M.	Noon – 7:45 P.M.	8:00 A.M. – 8:00 P.M.
Sunday	6:00 A.M. – 8:00 P.M.	Noon – 6:00 P.M.	8:00 A.M. – 6:00 P.M.

### Holiday Hours

	Community Center	Waterpark**	Playground
November 27	5:00 A.M. – Noon	Closed	8:00 A.M. – Noon
November 28	5:00 A.M. – 10:00 P.M.	Noon – 9:45 P.M.	8:00 A.M. – 8:00 P.M.
December 24	5:00 A.M. – Noon	Closed	8:00 A.M. – Noon
December 25	Closed	Closed	Closed
December 31	5:00 A.M. – 4:00 P.M.	Noon – 3:45 P.M.	5:00 A.M. – 4:00 P.M.
January 1	8:00 A.M. – 10:00 P.M.	Noon – 9:00 P.M.	8:00 A.M. – 8:00 P.M.
January 19	5:00 A.M. – 10:00 P.M.	Noon – 8:00 P.M.	8:00 A.M. – 8:00 P.M.
January 20	5:00 A.M. – 10:00 P.M.	Noon – 8:00 P.M.	8:00 A.M. – 8:00 P.M.
February 16	5:00 A.M. – 10:00 P.M.	Noon – 8:00 P.M.	8:00 A.M. – 8:00 P.M.

\*\*See page 18 for extended waterpark hours on school's out days.

### Lap Swim Hours

• Lap swim is available at various times throughout the week. See the service desk for a schedule or view it on our website at [www.shoreviewcommunitycenter.com](http://www.shoreviewcommunitycenter.com).

### Kids Care

Child care is available for patrons of the Community Center. See page 19 for details.

### Drop-in Volleyball

Rate: daily admission or free to members.  
 Mon, Tues, Thurs 12:00 P.M. – 1:00 P.M.  
 Sunday 8:00 A.M. – Noon.

### Drop-in Pickleball

See page 54 for more information.

## Membership Fees

	Rate*	Shoreview Resident*
<b>Annual Membership<sup>1</sup></b>		
Family.....	\$ 771.00.....	\$ 609.00
Dual.....	\$ 677.00.....	\$ 540.00
Adult.....	\$ 453.00.....	\$ 351.00
Youth/Senior.....	\$ 362.00.....	\$ 287.00

### Annual Membership Billed Monthly<sup>1</sup> (With one year membership agreement)

Family.....	\$ 71.00.....	\$ 58.00
Dual.....	\$ 61.50.....	\$ 52.50
Adult.....	\$ 43.00.....	\$ 35.00
Youth/Senior.....	\$ 37.00.....	\$ 29.00

<sup>1</sup>There is a membership cancellation fee of \$100 prior to completion of 1-year contract.

### Seasonal Membership (Three month)

Family.....	\$ 299.00.....	\$ 241.00
Dual.....	\$ 276.00.....	\$ 218.00
Adult.....	\$ 195.00.....	\$ 149.00
Youth/Senior.....	\$ 149.00.....	\$ 120.00

\*Sales tax is included in price.

Persons aged 65 and older qualify for the Senior Citizen discounted rate. Youth are 17 and under. Dual Membership is two people residing in the same household. Family consists of 2 adults + dependent children under 23 living in same household. Proof of dual and family member qualification is required.

Fees are subject to change. We welcome payment by Visa and Mastercard.



### Membership questions?

Contact Guest Services at **651.490.4739**.

## Membership Fees Credits

The Shoreview Community Center participates with the following insurance companies, which offer monthly reimbursements up to \$20 toward qualifying annual memberships. Eligibility and workout requirements vary. Please visit our Guest Services Office for more information, or call 651.490.4739. **Direct Deposit Now Available!** Your insurance reimbursements can be directly deposited into your bank account. See our Guest Services office for forms.



## Annual Membership Includes Unlimited Use Of:

- Fitness Center (14 years and older. Ages 12 and 13 must complete Teen Equipment Orientation)
- 30% off Group Fitness Classes
- Tropics Indoor Waterpark
- Tropical Adventure Indoor Playground
- Indoor Track (14 years and older)
- Basketball Courts
- Whirlpool (Adults 18 years and older)
- \$1 per hour per child Kids Care rate
- For non-residents, a special recreation program Registration Day and the ShoreViews mailed to your home.

**Membership  
Renewal Reward!**  
The Community Center will be offering FREE  
guest passes to all annual  
membership renewals.



## NEW First Time Annual Members also receive:

Special **Experience Us** book, which includes

- 1 family guest pass
- 1 adult guest pass
- 2 fitness drop-in class passes
- 1 Wave Cafe coupon
- 1 Kids Care sampler card
- 10% off Personal Training packages of 3 or more sessions
- 1 playground pass

**Experience Us** book is designed to encourage new members to experience all the amenities the Community Center has to offer.



# TROPICS INDOOR WATERPARK

## Waterpark Hours

Monday & Wednesday . 4:00 – 8:00 P.M.  
 Tuesday & Thursday .....Closed\*  
 Friday ..... 4:00 – 9:45 P.M.  
 Saturday..... 12:00 – 7:45 P.M.  
 Sunday..... 12:00 – 6:00 P.M.



\*Starting January 6th, on Tuesdays and Thursdays, the Shark Attack Waterslide and Zero Depth Beach Area will be open 4:00-9:00 P.M.

## Holiday & School's Out Hours

Nov. 24 ..... Noon – 8:00 P.M.  
 Nov. 25 ..... Noon – 9:00 P.M.  
 Nov. 26 ..... Noon – 8:00 P.M.  
 Nov. 27 ..... Closed  
 Nov. 28 ..... Noon – 9:45 P.M.  
 Dec. 24 ..... Closed  
 Dec. 25 ..... Closed  
 Dec. 31 ..... Noon – 3:45 P.M.  
 January 1 ..... Noon – 9 P.M.  
 January 2 ..... Noon – 9:45 P.M.  
 January 19 ..... Noon – 8 P.M.  
 January 23 ..... Noon – 9:45 P.M.  
 February 16 ..... Noon – 8 P.M.  
 March 12 ..... Noon – 9 P.M.  
 March 13 ..... Noon – 9:45 P.M.  
 March 16 ..... Noon – 8 P.M.  
 March 17 ..... Noon – 9 P.M.  
 March 18 ..... Noon – 8 P.M.  
 March 19 ..... Noon – 9 P.M.  
 March 20 ..... Noon – 9:45 P.M.



We can fill your day with endless fun as you enjoy a tropical getaway at Tropics Indoor Waterpark.

Come experience our crystal clear water with our Sphagnum Moss water enhancement system. This green system has improved our water quality, clarity, and as well a reduction in chlorine use. It makes for a more natural swimming experience as the Sphagnum Moss treated water is better on your skin, hair, swim suit and best of all your eyes.

Riders of Shark Attack waterslide will be able to experience our one of a kind jukebox system. Riders will be able to choose from over 100 songs and enjoy a custom light and music show while they twist and turn down our thrilling slide.

**Nothing can replace close adult supervision when using the pool. All children six years and under must be supervised by a paid adult swimmer. Supervisory adult must be within arm's reach of the child at all times.**

## Pool Information

- For our guests' safety, our lifeguards participate in ongoing training. Part of this training includes the use of life-like mannequins as a simulation device.
- Coast-Guard approved lifejackets are allowed when a swimming adult is present within arm's reach. Arm flotation and flotation swimming suits are prohibited.
- Pool is open for general use during most hours that the Community Center is open. However, classes may be in session or pool amenities may be unavailable.
- Boys need to be 4 years old and under to be in the women's locker room, girls need to be 4 years old and under to be in the men's locker room with an adult. Please use the family locker rooms with opposite gender children age 5 and older.
- Complete pool and lap swim schedules are available at the service desk.
- For a complete list of Tropics Indoor Waterpark rules go to [www.ShoreviewCommunityCenter.com](http://www.ShoreviewCommunityCenter.com)



Come **CRAWL** through the caves, **SWING** through the jungle, slip down the waterfall **SLIDE**, and **SCREAM** down the five level spiral slide!

## Rate & Hours

\$5.00 per child, ages 1-12

**FREE to members**

Mon – Sat ..... 8:00 A.M. – 8:00 P.M.

Sunday..... 8:00 A.M. – 6:00 P.M.

**Holiday Hours** Call 651.490.4700

for specific information.

September 1 8:00 A.M. – 6:00 P.M.

November 27 8:00 A.M. – Noon

November 28 8:00 A.M. – 8:00 P.M.

December 24 8:00 A.M. – Noon

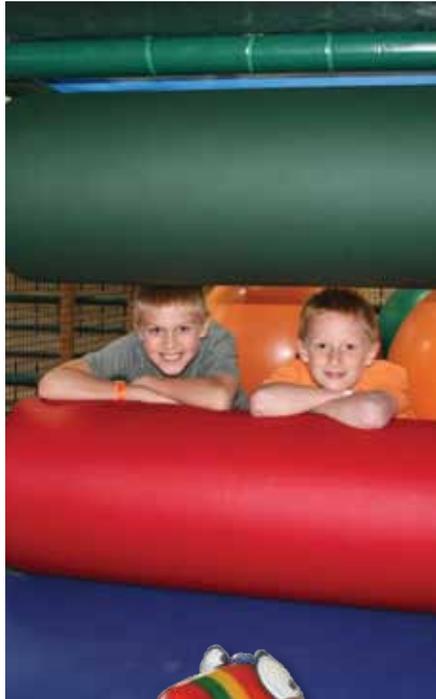
December 25 Closed

December 31 5:00 A.M. – 4:00 P.M.

January 1 8:00 A.M. – 8:00 P.M.

## General Information

- Wristbands and socks are required
- The playground is an unsupervised area
- Parents and guardians are responsible for supervision of their children
- Children 6 and under must be accompanied by an adult
- Groups visiting the playground are posted at the entrance each week
- For information about reserving space for your group, call **651.490.4790**.



## Kids Care

Kids Care provides a stimulating and safe environment for your child to explore and interact with other children while you enjoy the amenities of the Shoreview Community Center. The Kids Care room is located directly across from the service desk.

**Monday – Saturday  
8:00 A.M. – 12:30 P.M.**

**Monday – Thursday  
4:00 P.M. – 8:30 P.M.**

**Friday  
4:00 P.M. – 8:00 P.M.**

**Closed Dec. 24, 25, 31  
& Jan. 1**

**\$1 per hour per child (no pro-rating for partial hours)**

Care is provided for children 6 months to 8 years of age. Maximum stay is 2 hours. Parents must remain in the building. Reservations are allowed for Fitness Class participants. Children are taken on a first-come, first-served basis. Kids Care phone number: 651.490.4763.



# SPEND YOUR BIRTHDAY IN THE TROPICS



## It's a PIECE of CAKE!

Make your child's birthday party special!

Celebrate at the Tropics Indoor Waterpark and Tropical Adventure Indoor Playground.

Choose one of our birthday party packages and let us do the work! We are committed to making your child's birthday a fun and memorable event.

**Call 651.490.4790 to reserve your party package today!**



Coconut Cove – Private Party Room

## TROPICAL PACKAGE - CAKE DEAL

Rate\*: \$144; \$136 Shoreview Resident for up to 8 children.

Each additional child \$18; \$17 Shoreview Resident

- Full day use of Tropics Waterpark and Tropical Adventure Indoor Playground
- 90 minutes in Beachcomber Bay, our shared poolside birthday party room
- Personalized birthday cake and ice cream, pop or juice box, birthday plates, napkins and cups
- T-shirt and card for birthday child
- Large locker to store bags and gifts while you are enjoying the pool and playground

## TROPICAL PACKAGE - MEAL DEAL

Rate\*: \$168; \$160 Shoreview Resident for up to 8 children

Each additional child \$21; \$20 Shoreview Resident

- Includes everything in the Tropical Package Cake Deal plus your choice of hot-dog or corndog with chips, or pizza

**BEST VALUE!**

## ADVENTURE PACKAGE - CAKE DEAL

Rate\*: \$128; \$120 Shoreview Resident for up to 8 children

Each additional child \$16; \$15 Shoreview Resident

- Full day use of Tropical Adventure Indoor Playground
- 90 minutes in Beachcomber Bay, our shared poolside birthday party room
- Personalized birthday cake and ice cream, pop or juice box, birthday plates, napkins and cups
- T-shirt and card for birthday child
- Large locker to store bags and gifts while you are enjoying the playground

## ADVENTURE PACKAGE - MEAL DEAL

Rate\*: \$152; \$144 Shoreview Resident for up to 8 children

Each additional child \$19; \$18 Shoreview Resident

- Includes everything in the Adventure Package Cake Deal plus your choice of hot-dog or corndog with chips, or pizza

### **Party Upgrades**

#### **THEMED PARTY OPTIONS: PRINCESS, PIRATE, OR UNDER THE SEA**

Rate\*: Add \$12 to your party package

Upgrade your child's party to include a special theme, including a personalized themed cake and paper products.

#### **COCONUT COVE PRIVATE PARTY ROOM**

Rate\*: Add \$34 to your party package

Coconut Cove is a private party room located within Beachcomber Bay. With a beautiful underwater mural and view of Tropics Waterpark, it is the perfect setting for families looking for a quieter, more personalized party option making your child's birthday even more special! Coconut Cove has a maximum capacity of 15. Upgrade consists of 90 minutes in party room.

#### **Birthday Party Policies:**

- No outside food or decorations allowed in Beachcomber Bay or Coconut Cove.
  - Payment due at time of reservation.
  - Fees are subject to change.
  - When using the pool, all children six years old and under must be supervised by a paid adult swimmer (18 or older) and must be within arms' reach of that child at all times.
- \* Sales tax will be added to all rates listed above.

## POOLSIDE PARTY ROOM PACKAGE

Rate\*: \$180; \$164 Shoreview Residents

The Shoreview Community Center can accommodate larger groups, (up to 50 people) in our combined, private, poolside party rooms called Beach Comber Bay and Coconut Cove. Available: Fridays at either 5:00 P.M. or 7:30 P.M., or Saturdays at 5:30 P.M. during regular pool hours. Your group may bring in your own food or you may purchase food from our Wave Café. Package includes: 2 hours in the private rooms, for up to 50 people, and 10 admission wristbands for full day use of Tropics Indoor Waterpark and Tropical Adventures Indoor Playground. Additional wristbands may be obtained at our group rate when purchased within one transaction.

## MEETING / PARTY ROOMS

Rate\*: \$50; \$35 Shoreview Resident (*refundable damage deposit required*)

Rent one of our rooms on the upper level of the Community Center for your special gathering. Each room accommodates 20 partygoers for 2 hours of party time; adjoining rooms may be rented to accommodate more. These rooms are perfect for a larger birthday party, family gatherings, or team parties. You may bring in your own food, cake, and decorations. Daily passes are sold separately on the day of your event at our cashier on the lower level.



## AFTER-HOURS PARTIES

Have the place to yourself and invite your friends! The Shoreview Community Center is available for exclusive use overnight and after-hours. Each rate is listed per person and includes use of the Tropics Indoor Waterpark, gym facilities, and meeting rooms. Refundable damage deposit required. A minimum payment (equal to 45 x Rate) is necessary to rent our facility after hours.

	Rate*	Shoreview Resident*
Two hours.....	\$ 10.75 .....	\$ 10.25
Three hours .....	\$ 11.25 .....	\$ 10.75
Four hours.....	\$ 11.75 .....	\$ 11.25
Overnight.....	\$ 19.25 .....	\$ 17.25

## GROUP RATES *(during building hours)*

- All parties of 10 or more receive our special group rate pricing.
- Reservations are required for groups of 32 or more people.
- \$100 initial payment required at time of booking
- Call 651.490.4790 for group rate to ask questions, and to book your reservation.

\*Sales tax will be added to all rates listed above.



## Have your next event at the Shoreview Community Center!

We have the perfect setting for  
scout groups, school groups,  
family gatherings, church  
groups, birthday parties  
and team parties.

Enjoy the amenities the  
Shoreview Community  
Center has to offer!

**Call 651.490.4790 to  
make your  
reservation today!**



Our banquet rooms are perfect for corporate events, wedding ceremonies, receptions, dinners, and dances.



## Shoreview Room

Experience the elegance of our Shoreview Room for your next event. You and your guests will enjoy the convenience of the adjacent Fireside Lounge and expanded dance floor.

- Seating up to 300.
- Choose your own licensed caterer.
- Continental breakfast service available.
- Alcohol service available with in-house provider.
- New audio-visual equipment
- \$500 Refundable damage deposit is required.
- Catering Fee – \$100 for events up to 100 guests. \$200 for events over 100 guests. Requires licensed caterer for kitchen use.

Full Room	Rate*	Shoreview Resident*
Sunday–Thursday .....	\$ 640.....	\$ 565
Friday .....	\$ 975.....	\$ 875
Saturday.....	\$ 1160.....	\$ 1090

\*Fees are subject to change. Sales tax will be added to rates. Call for more information.



## Wedell Community Room

The Community Room features round tables, oak parquet dance floor, indirect lighting, and audio/visual equipment.

- Seating up to 250.
- Choose your own licensed caterer.
- Continental breakfast service available.
- Alcohol service available with in-house provider.
- \$500 Refundable damage deposit is required.
- Catering Fee – \$100 for events up to 100 guests. \$200 for events over 100 guests. Requires licensed caterer for kitchen use.

Full Room	Rate*	Shoreview Resident*
Sunday–Thursday .....	\$ 405.....	\$ 330
Friday .....	\$ 710.....	\$ 610
Saturday.....	\$ 865.....	\$ 760

Half Room	Rate*	Shoreview Resident*
Sunday–Thursday .....	\$ 218.....	\$ 186
Friday and Saturday .....	N/A.....	N/A

\*Fees are subject to change. Sales tax will be added to rates. Call for more information.



## Call for More Information

Community Center Information

**651.490.4700**

Recreational Programs (classes)

**651.490.4750**

Rental Information

**651.490.4790**

City Information

**651.490.4600**

## Haffeman Pavilion

It's not too early to reserve your space for a family picnic, company event, or graduation gathering at the Haffeman Pavilion located behind the Shoreview Community Center. Picnic tables accommodate up to 125 people! Call to reserve your date: 651.490.4790.

Rate: \$200; \$180 Shoreview Resident

\*Sales tax will be added to rate. Refundable damage deposit required.

## Picnic Shelter Rentals

Our parks are the perfect place for a small gathering or birthday party. Reserve a picnic shelter for your next event by calling 651.490.4790. Rental fee is \$30 plus tax.

Lake Judy Park.....	Seats 15	Shamrock Park .....	Seats 35
McCullough Park.....	Seats 15	Commons Park .....	Seats 20
Sitzer .....	Seats 24	Bucher Park.....	Seats 24

## Meeting Rooms

We are able to accommodate 20 people per room, depending on the arrangements. Retractable walls allow flexibility for accommodating large groups and seminars.

- Meeting rooms are rented in 2-hour blocks.
- Rates are listed per room for each time block rented.

Rate: \$50; \$35 Shoreview Resident (50% of group living in Shoreview)

\*Sales tax will be added to rate. Refundable damage deposit required for Friday, Saturday and Sunday rentals.

## Island Lake Room

Our new Island Lake Room is comfortable and quiet, suitable for all your meeting needs. Enjoy the window lighting as well as the on-site audiovisual equipment, including an interactive white board.

- Island Lake Room is rented in 2-hour blocks of time.

Rate: \$70; \$55 Shoreview Resident

\*Sales tax will be added to rate.



## Call for More Information

Community Center Information  
**651.490.4700**

Recreational Programs (classes)  
**651.490.4750**

Rental Information  
**651.490.4790**

City Information  
**651.490.4600**

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## WINTER RECREATION PROGRAMS

### REGISTRATION SCHEDULE

Registrations processed online are given immediate priority followed by in-person registration. Registrations received via mail, fax, or drop-off are processed as time permits.

#### Shoreview Resident Priority

Shoreview residents are given first priority in registering for Parks and Recreation programs.

**Begins Monday, December 1 at 8 A.M.**

#### Annual Community Center Member Registration

**Begins Wednesday, December 3 at 8 A.M.**

#### General Registration

Anyone may register at this time. No residency or membership required.

**Begins Friday, December 5 at 8 A.M.**

\*See page 61 for registration information.



# 5 EASY WAYS TO REGISTER

1. On-line at: [www.shoreviewcommunitycenter.com](http://www.shoreviewcommunitycenter.com)
2. Mail-in
3. Fax 651-490-4797 payment by credit card only
4. Drop-off
5. In-person



Scan with Smartphone to register.

## Shoreview Parks and Recreation

4580 Victoria St. N | Shoreview, MN 55126 Office  
located on upper level of the Shoreview Community Center  
651-490-4750  
recreation@shoreviewmn.gov  
[www.ShoreviewCommunityCenter.com](http://www.ShoreviewCommunityCenter.com)

## Office Hours

Monday – Friday 8:00 A.M. – 4:30 P.M.

# PARTY

IN THE  
*Tropics*  
AT THE  
**SHOREVIEW  
COMMUNITY  
CENTER**



For more information, please contact Shoreview Parks & Recreation at **651.490.4790**  
4580 Victoria Street North  
Shoreview, MN 55126  
[www.shoreviewcommunitycenter.com](http://www.shoreviewcommunitycenter.com)

## TROPICAL PACKAGE

Starting at \$136 for 8 people

### INCLUDES:

- Wristbands for full day use of Tropics Indoor Waterpark & Tropical Adventure Indoor Playground
- 90 minutes in shared poolside party room (private room available for additional fee)
- Personalized cake, ice cream cups, & pop or juice boxes
- T-shirt and card for the birthday child
- Free jumbo locker available for use

## ADVENTURE PACKAGE

Starting at \$120 for 8 people

### INCLUDES:

- Wristbands for full day use of Tropical Adventure Indoor Playground
- 90 minutes of shared poolside party room (private room available for additional fee)
- Personalized cake, ice cream cups, & pop or juice boxes
- T-shirt and card for the birthday child
- Free jumbo locker available for use

### ADD A THEME FOR ONLY \$12!

Choose from Princess, Pirate, or Under the Sea!

## SHOREVIEW PARKS & RECREATION SWIM LESSONS

We use a fun and imaginative approach to help students create a lifelong love of swimming. Students will learn new skills and build on previously learned skills through group instruction or private instruction to get a more individualized lesson.

Our instructors participate in ongoing training sessions and are selected based on their desire to teach, enthusiasm, and swimming ability. Parent – instructor communication is vital to the success of each swimmer. Our mission is to provide an inclusive program for all.

### FREE SWIM CHECKS

Do you know what level to sign up for? Stop by on one of the following days to find out! Swim checks take approximately 10 minutes.

Saturday, Dec. 13..... 11:00 A.M. – 12:00 P.M.  
 Monday, Dec. 29..... 11:00 A.M. – 12:00 P.M.

**If your child has had more than a 3 month break from swim lessons, it is recommended to repeat the previous level as a refresher.**

### PRIVATE LESSONS

**Private Lessons (PR)** *Ages 3 to Adult*

Rate for 8, 30-minute private or semi-private swim lessons; available at set times.

\$155; \$141 Shoreview Resident  
 \$116; \$105 Shoreview Resident each for 2 participants of equivalent ability.

Private or semi-private lessons are available. One-on-one attention may be just what is needed to advance levels or gain that confidence in the water. Adults should contact the Aquatic Coordinator at 651.490.4766 to request an adult swim lesson instructor.



### GROUP LESSONS

Rate for 8 group lessons: \$76:\$69 Shoreview Resident.

These lessons will have 1 instructor to a maximum student ratio of:

(MR) & (PS) 1 to 4  
 (L1) – (L3) 1 to 5  
 (L4) – (L6) 1 to 6

Classes with more students will be assigned an aid to assist in instruction. All group lessons will meet for 35 minutes for eight sessions while Star Fish lessons are 30 minutes.

### PARENT/CHILD LESSONS

#### Star Fish

(SF 1) *Ages 9 months to 24 months*

(SF 2) *Ages 24 months to 36 months*

This class is a parent/child program to promote water safety and water adjustment in a fun, safe and secure learning environment. One adult must accompany each child in the water.

#### Manta Ray (MR) *Ages 2 ½ to 4 years old*

This class will introduce your child to group learning gradually throughout the session, by having a parent accompany their child in the water for the first few weeks and gradually reduce their participation. This is a great class for children looking for a more gradual approach to group instruction, additional one on one instruction, or have a fear of the water to become more comfortable and confident in the water. Swimmers will learn the following:

- Comfort with group instruction
- Enter & exit water independently
- Front/Back float with instructor support
- Kicking on front/back with instructor support

## BEGINNER LESSONS

### Preschool (PS): Jelly Fish *Ages 3 - 4*

Preschool is an introduction level to group learning without a guardian in the water. Children become comfortable and learn to enjoy activities in the water safely. Swimmers will learn the following:

- Submerge face in water
- Blowing bubbles
- Front/Back float with support

### Level 1 (L1): Angel Fish *Ages 4 or passed preschool*

Teaches basic exploration which leads to assisted swimming by learning the following:

- Submerge head 5 times
- Maintain front/back float with support
- Flutter kicking on front/back with support
- Front/Back glide independently

### Level 2 (L2): Sea Monkeys *Ages 5 or passed level 1*

Our objective is to help swimmers successfully manage fundamental skills as they progress towards swimming unassisted. Swimmers will learn the following:

- Front/Back float independently for 10 seconds
- Front/Back glide independently
- Flutter kicking on front/back with support for 8 yards
- Front Crawl with support for 8 yards

### Youth Beginner (YB) *Ages 6 & older*

This class is for ages 6 and older who are new to swim lessons or haven't been in lessons for several years. This class will focus on the following to get your child into the appropriate level:

- Front/Back float independently for 10 seconds
- Front/Back glide with flutter kicking independently
- Assisted Front Crawl with Rhythmic breathing
- Elementary Backstroke Arms



## INTERMEDIATE LESSONS

### Level 2.5 (L 2.5): Otters

This level bridges the gap between L2 and L3. Swimmers will learn the following:

- Flutter kicking on front/back for 25 yards
- Front crawl for 15 yards
- Elementary Backstroke for 15 yards
- Tread water for 15 seconds

### Level 3 (L3): Seals

Builds on skills by coordinating strokes and increasing endurance. Swimmers will learn the following:

- Front/Back Crawl for 25 yards
- Elementary Backstroke for 25 yards
- Tread water for 30 seconds

### Level 4 (L4): Sting Rays

Develops endurance to learned strokes along with the introduction to breaststroke. Swimmers will learn the following:

- Open Turns
- Dolphin kick
- Breaststroke for 25 yards
- Tread water for 1 minute

## ADVANCED LESSONS

### Level 5 (L5): Dolphins

Refines coordination and technique while increasing endurance of key strokes. Swimmers will learn the following:

- Flip turns
- Butterfly for 15 yards

### Level 6 (L6): Orcas

Polishes strokes to allow swimming with more ease, efficiency and power over greater distances. Swimmers will learn the following:

- Alternate breathing for Front Crawl
- Sidestroke for 25 yards
- Front Crawl with flip turns

### Introduction to Swim Team (IS)

This is a great place to begin your journey into competitive swimming. Students will work on stroke technique and build endurance in the butterfly, backstroke, breaststroke, and freestyle; along with competitive turns. **This class is one hour.**

\$119; \$108 Shoreview Resident

# SHOREVIEW COMMUNITY CENTER POOL

## Monday Jan 5 - Mar 9 No Class: Jan 19, Feb 16

Time	Level	Activity #
<b>Morning</b>		
9:00 A.M.	PR	130114-01
9:40 A.M.	PS	130111-01
10:20 A.M.	L2	130102-01
<b>Evening</b>		
4:00 P.M.	PR	130114-07
	PR	130114-08
	PR	130114-09
	PR	130114-10
4:45 P.M.	L1	130101-04
	L2	130102-04
	L2.5	130112-01
	PR	130114-11
	PR	130114-12
5:30 P.M.	MR	130117-03
	PS	130111-04
	L2.5	130112-02
	L3	130103-01
	L4	130104-01
6:15 P.M.	L1	130101-05
	L2	130102-05
	L2.5	130112-03
	L3	130103-02
	L5	130105-01
6:20 P.M.	SF 1 & 2	130110-03
7:00 P.M.	L1	130101-06
	L2	130102-06
	IS	130109-01

## Tuesday Jan 6 - Feb 24

Time	Level	Activity #
<b>Morning</b>		
9:10 A.M.	PR	130114-02
9:55 A.M.	MR	130117-01
10:40 A.M.	SF 1&2	130110-01
11:20 A.M.	L1	130101-01
<b>Evening</b>		
4:00 P.M.	PR	130114-13
	PR	130114-14
	PR	130114-15
	PR	130114-16
4:45 P.M.	PS	130111-05
	L2	130102-07
	YB	130113-01
	PR	130114-17
	PR	130114-18
5:30 P.M.	L1	130101-07
	L2	130102-08
	L2.5	130112-04
	L4	130104-02
	L6	130106-01
6:15 P.M.	PS	130111-06
	L1	130101-08
	L3	130103-03
	L4	130104-03
	PR	130114-19
	PR	130114-20
7:00 P.M.	L1	130101-09
	L2	130102-09
	L2.5	130112-05
	L3	130103-04
	L5	130105-02
7:45 P.M.	PR	130114-21
	PR	130114-22
	PR	130114-23
	PR	130114-24
	PR	130114-25

## Wednesday Jan 7 - Feb 25

Time	Level	Activity #
<b>Morning</b>		
9:10 A.M.	PR	130114-03
9:55 A.M.	SF 1 & 2	130110-02
10:40 A.M.	L1	130101-02
11:20 A.M.	L2	130102-02
<b>Evening</b>		
4:00 P.M.	L1	130101-10
	L2	130102-10
	L3	130103-05
	PR	130114-26
4:45 P.M.	PS	130111-07
	L2	130102-11
	L2.5	130112-06
	PR	130114-27
	PR	130114-28
5:30 P.M.	MR	130117-04
	PS	130111-08
	L2.5	130112-07
	YB	130113-02
	L4	130104-04
	PR	130114-29
6:15 P.M.	L1	130101-11
	L2	130102-12
	L3	130103-06
	L5	130105-03
	L6	130106-02
6:20 P.M.	SF 1 & 2	130110-04
7:00 P.M.	L1	130101-12
	L2	130102-13
	PR	130114-30

### LESSON RATES

#### 8 Week Classes

##### Group

\$76; 69 Shoreview Resident

##### Private

\$155; 141 Shoreview Resident

##### Semi-Private

\$116; \$105 Shoreview Resident  
(2 participants of equivalent ability)

#### 3 Week Classes

##### Group

\$55; 50 Shoreview Resident

##### Private

\$111; 102 Shoreview Resident

##### Semi-Private

\$83; \$77 Shoreview Resident  
(2 participants of equivalent ability)

### AQUATIC KEY

**SF 1** Starfish 9-24 months

**SF 2** Stafish 24-36 months

**MR** Manta Ray

**PS** Preschool

**L1** Level 1, 2, etc.

**YB** Youth Beginner

**PR** Private Lessons

**IS** Intro to Swim Team

### A NOTE ABOUT COMMUNITY CENTER LESSONS

If you wish to swim before or after class in the evenings a wristband may be purchased at the guest service desk.

On weekend mornings, your child will not be able to swim before or after class until open swim; which begins at noon.

## Thursday Jan 8 - Feb. 26

Time	Level	Activity #
<b>Morning</b>		
9:10 A.M.	PR	130114-04
9:55 A.M.	L2	130102-03
10:40 A.M.	PS	130111-02
11:20 A.M.	PR	130114-05
<b>Evening</b>		
4:00 P.M.	PR	130114-31
	PR	130114-32
	PR	130114-33
	PR	130114-34
4:45 P.M.	PS	130111-09
	L1	130101-13
	L2	130102-14
	L3	130103-07
	L5	130105-04
	PR	130114-35
5:30 P.M.	MR	130117-05
	L1	130101-14
	YB	130113-03
	L2.5	130112-08
	L3	130103-08
	PR	130114-36
6:15 P.M.	PS	130111-10
	L2	130102-15
	L2.5	130112-09
	L2.5	130112-10
	L3	130103-09
	L5	130105-05
7:00 P.M.	PS	130111-11
	L1	130101-15
	L2.5	130112-11
	L4	130104-05
	PR	130114-37
	PR	130114-38
7:45 P.M.	PR	130114-39
	PR	130114-40
	PR	130114-41

## Friday Jan 9 - Feb 27

Time	Level	Activity #
<b>Morning</b>		
9:10 AM	PS	130111-03
9:55 AM	L1	130101-03
10:40 AM	MR	130117-02
11:20 AM	PR	130114-06

## Saturday Jan 10 - Feb 28

Time	Level	Activity #
<b>Morning</b>		
8:15 A.M.	PS	130111-12
	L1	130101-16
	L2	130102-16
	L2.5	130112-12
	PR	130114-42
	PR	130114-43
	PR	130114-44
	PR	130114-45
	PR	130114-46
9:00 A.M	MR	130117-06
	PS	130111-13
	L1	130101-17
	L2	130102-17
	L2.5	130112-13
	L2.5	130112-14
	L3	130103-10
	IS	130109-02
	PR	130114-47
9:45 A.M	PS	130111-14
	L1	130101-18
	L2	130102-18
	L2.5	130112-15
	L2.5	130112-16
	L3	130103-11
	L4	130104-06
	L5	130105-06
9:50 A.M	SF 2	130110-05
10:30 A.M	PS	130111-15
	PS	130111-16
	L2	130102-19
	L3	130103-12
	L4	130104-07
	L6	130106-03
	PR	130114-48
	PR	130114-49
	PR	130114-50
10:35 A.M	SF 1	130110-06
11:15 A.M	MR	130117-07
	L1	130101-19
	L2	130102-20
	L2.5	130112-17
	L3	130103-13
	YB	130113-04
	PR	130114-51
	PR	130114-52
	PR	130114-53

## Sunday Jan 11 - Mar 1

Time	Level	Activity #
<b>Morning</b>		
9:00 A.M.	L1	130101-20
	L2	130102-21
	L2.5	130112-18
	L2.5	130112-19
	PR	130114-54
9:45 A.M.	MR	130117-08
	PS	130111-17
	L2	130102-22
	L3	130103-14
	PR	130114-55
10:30 A.M.	SF 1 & 2	130110-07
	L1	130101-21
	L2	130102-23
	L4	130104-08
	PR	130114-56
11:15 A.M.	MR	130117-09
	PS	130111-18
	YB	130113-05
	L2.5	130112-20
	L5	130105-07

### 3 WEEK CLASSES Tuesday/Thursday Dec 2 - Dec 18

6 Lessons Only - discounted fee

Time	Level	Activity #
<b>Evening</b>		
4:00 P.M.	PR	430114-47
	PR	430114-48
	PR	430114-49
	PR	430114-50
4:45 P.M.	PR	430114-51
	PR	430114-52
	PR	430114-53
	PR	430114-54
5:30 .PM.	MR	430117-08
	PS	430111-25
	L3	430103-14
	PR	430114-55
6:15 P.M.	PS	430111-26
	L2.5	430112-27
	PR	430114-56
	PR	430114-57
7:00 P.M.	L1	430101-22
	L2	430102-24
	PR	430114-58
	PR	430114-59

## RED CROSS COMMUNITY CPR/AED

Tuesday, Feb. 17 .....6:00 P.M. – 10:00 P.M.  
 \$87; \$79 Shoreview Residents ..... **Activity # 150301-01**

**Deadline to Register: Tuesday, Feb. 10**

This course provides certification in infant, child and adult CPR including AED use. The following information will be covered:

- Rescue breathing
- Obstructed Airway
- CPR with AED

Certification is awarded after successful completion of a written test and skill check off. Participants will receive a keychain, CPR mask and ready reference materials.

## RED CROSS STANDARD FIRST AID

Thursday, Feb. 19 .....6:30 P.M. – 8:30 P.M.  
 \$58; \$53 Shoreview Resident..... **Activity # 150302-01**

**Deadline to Register: Thursday, Feb. 12**

Learn how to provide basic first aid care for injuries and sudden illness until advanced medical personnel arrives. Ready reference materials are included.

## RED CROSS COMMUNITY CPR/AED & FIRST AID

Sign up for both CPR & First Aid Certifications and take advantage of our REDUCED RATE!

Tuesday, Feb. 17 .....6:00 P.M. – 10:00 P.M.  
 and Thursday, Feb. 19 .....6:30 P.M. – 8:30 P.M.  
 \$102; \$93 Shoreview Residents..... **Activity # 150303-01**

**Deadline to Register: Tuesday, Feb. 10**

This course provides certification in infant, child and adult CPR including AED use. The following information will be covered:

- Rescue breathing
- Obstructed Airway
- CPR with AED

Certification is awarded after successful completion of a written test and skill check off. Participants will receive a keychain, CPR mask and ready reference materials.



## RED CROSS LIFEGUARD TRAINING

*Ages 15 & older*

Pack a lunch, swimsuit, towel and snacks!

February 1, 7, 8, 14

\$281; \$258 Shoreview Resident ..... **Activity # 150402-01**

Saturdays/Sundays .....8:00 A.M. – 4:00 P.M.

Saturday, Feb. 14.....12:15 P.M. – 4:00 P.M.

Location: Shoreview Community Center/Chippewa Middle School Pool

**Deadline to Register: Monday, Jan. 26**

This course provides all information necessary to recognize, respond, and care for emergencies in an aquatic environment and more. Certification will be issued after successful completion of a written exam and skill check off. Participants will receive a manual and CPR mask.

### COURSE PREREQUISITIES:

- Minimum age 15 years
- Tread water for 2 minutes
- 300 yard swim
- Retrieve 10 lb. brick from pool bottom



## NEW! RED CROSS WILDERNESS & REMOTE FIRST AID

*Ages 14 & older*

Tuesday/Thursday, April 7, 9, 14, 16.....5:00 – 9:00 P.M.

\$95; \$86 Shoreview Resident..... **Activity #: 150304-01**

**Deadline to Register: Tuesday, March 31**

This course provides individuals a foundation of first aid principles and skills to be able to respond to emergencies and give care in areas that do not have immediate emergency medical services (EMS) response. This includes wilderness and remote environments, including urban disasters, such as earthquakes and hurricanes. Certification is awarded after successful completion of a written test and skill check off; which is valid for 2 years.

### COURSE PREREQUISITIES:

- Possess current Adult CPR/AED certification
- Minimum age of 14 years on or before the last scheduled session of the course

## SNORKELING

Ages 8 to 13

\$23; \$21 Shoreview Resident..... 11:00 A.M. – 12:00 P.M.

Monday, Jan 19.....**Activity #: 130306-01**

Monday, Feb 16.....**Activity #: 130306-02**

Saturday, Mar 14.....**Activity #: 230306-01**

Come learn the basics of snorkeling and we will provide the equipment. A variety of abilities are encouraged to join us in discovering the underwater world. Basic swimming skills are needed.

## DISCOVER SCUBA

Ages 12 & older

Saturday, Feb 14..... 12:30 P.M. – 2:00 P.M.

\$40; \$35 Shoreview Resident.....**Activity # 130305-01**

**Deadline to Register: Friday, Feb. 6**

Wednesday, Apr 29 ..... 5:00 PM - 6:30 PM

\$40; \$35 Shoreview Resident.....**Activity # 230305-01**

**Deadline to Register: Wednesday, Apr. 22**

Location: Chippewa Middle School Pool

This is a great opportunity to learn how to use scuba gear under the care of a certified Scuba Instructor. The following skills are learned:

- Briefing on equipment
- Trying on gear
- Exploring the bottom of the pool

**If you have asthma, you are required to provide a Doctor's note stating it is safe for you to participate.**

## SUPERSITTER BABYSITTING CLINIC

Grades 5 to 7 ..... \$59; \$53 Shoreview Resident

Saturdays: 8:00 A.M. – 12:30 P.M.

December 6.....**Activity #: 450101-06**

December 20.....**Activity #: 450101-07**

January 10.....**Activity #: 150101-01**

January 24.....**Activity #: 150101-02**

February 7.....**Activity #: 150101-03**

February 21.....**Activity #: 150101-04**

March 7.....**Activity #: 250101-01**

March 21.....**Activity #: 250101-02**

April 4.....**Activity #: 250101-03**

April 18.....**Activity #: 250101-04**

During this class students will learn the responsibility that is needed for babysitting while gaining the required education. The class will cover the following skills of child care, first aid, sitter safety, crafts and toys, child proofing, nutrition and much more.

## BOY SCOUT MERIT BADGES

Swimming and Lifesaving Merit Badges can be completed at the Shoreview Community Center and Chippewa Middle School.

You will be asked to provide the Merit Badge Books and Certification Card. We will provide the Swimming or Lifesaving workbook and Instructor.

**Swimming Merit Badge..... Activity #: 130301-01**

\$54; \$49 Shoreview Resident

Monday, Jan. 26 ..... 5:00 P.M. – 9:00 P.M.

Location: Shoreview Community Center

Saturday, Feb. 14..... 12:30 P.M. – 2:30 P.M.

Location: Chippewa Middle School Pool

**Deadline to Register: Monday, Jan. 19**

**Lifesaving Merit Badge ..... Activity #: 130301-02**

\$60; \$54 Shoreview Resident

Wednesday, Jan. 28 ..... 4:00 P.M. – 9:00 P.M.

Location: Shoreview Community Center

Saturday, Feb. 14..... 12:30 P.M. – 2:30 P.M.

Location: Chippewa Middle School Pool

**Deadline to Register: Wednesday, Jan. 21**

**Swimming Merit Badge..... Activity #: 230301-01**

\$54; \$49 Shoreview Resident

Tuesday, Apr. 21 ..... 5:00 P.M. – 9:00 P.M.

Location: Shoreview Community Center

Wednesday, Apr. 29 ..... 5:00 P.M. – 7:00 P.M.

Location: Chippewa Middle School Pool

**Deadline to Register: Tuesday, Apr. 14**

**Lifesaving Merit Badge ..... Activity #: 230301-02**

\$60; \$54 Shoreview Resident

Wednesday, Apr. 22 ..... 4:00 P.M. – 9:00 P.M.

Location: Shoreview Community Center

Wednesday, Apr. 29 ..... 5:00 P.M. – 7:00 P.M.

Location: Chippewa Middle School Pool

**Deadline to Register: Wednesday, Apr. 15**



## GROUP FITNESS CLASSES

Call for information: 651.490.4750

### WINTER SESSION *January 5 – March 15 (10 weeks)*

Welcome to Shoreview’s group fitness classes. The Shoreview Parks and Recreation Fitness program boasts the best equipment in the industry with two state-of-the-art fitness studios. Our classes utilize high-quality resistive equipment, and new, innovative program offerings. Our instructors are nationally certified and follow the standards and recommendations of nationally accredited fitness organizations.

Shoreview Fitness is committed to providing fitness opportunities for individuals of all ages, fitness levels, and health status. Most fitness classes are suitable for everyone, but there are also class options available for beginners and those looking for classes of lower intensity levels. Please feel free to call to find out which classes best suit your needs – 651.490.4750.

**Annual Members receive 30% off group fitness classes listed on pp. 36-37. Discount now available online!**

## FITNESS PUNCH CARDS

Give our fitness classes a try! This Punch Card will allow you to take five classes during the session. Note: if individual classes are full, Punch Card holders may not be able to participate. Drop-In class schedule will be available the first week of classes. Card does not include Tae Kwon Do classes.

Cycling, Ballet Fitness, Zumba®, Zumba® Kids and Kettlebell  
\$43; \$40 Shoreview Resident

Yoga, Pilates, and Yogalates  
\$49.50; \$44.50 Shoreview Resident

All Other Fitness Classes  
\$35; \$32 Shoreview Resident

Available for purchase at the Upper Parks and Recreation Desk during office hours.

\* Prices effective January 1.

## DROP-IN RATES

Drop-in passes allow you to attend a class. Drop-in schedule will be available the first week of classes.

Yoga, Pilates, and Yogalates.. \$11.50; \$10 Shoreview Resident  
Indoor Group Cycling, Ballet Fitness, Zumba®, Zumba® Kids and Kettlebell.....\$10; \$9 Shoreview Resident

All Other Fitness Classes Drop-in Rate  
.....\$8; \$7.40 Shoreview Resident

\* Prices effective January 1.

## MIND/BODY OPTIONS

### Ballet Fitness

The hottest fitness craze since Pilates, this class will combine ballet, Yoga and Pilates to build a stronger back, hips/glutes and core. Movements will emphasize muscle lengthening and increasing overall strength and function. Parts of the class will rely on simple choreography that will be easy and fun to learn. **Pilates-Ballet Fitness and Yoga-Ballet Fitness** will emphasize the core fundamentals of Yoga or Pilates, and add the strength, balance, and conditioning elements of Ballet Fitness. No previous dance experience required.

### Core Fusion/Core-Barre Fusion

If you’re looking for a strong, toned, and graceful body then this class is for you. Core Fusion builds upon the influences of Yoga and Pilates and mixes body sculpting with flexibility, strength training and balance work. Core-Barre Fusion will condition and tone the entire body utilizing a blend of ballet, Pilates and traditional conditioning. Build core strength, balance, flexibility, and increase endurance with this invigorating class. (No dance experience necessary).

### Mind/Body Yoga & Candlelight Yoga

Begin to experience a new awareness of yourself: body, mind, and spirit. This class is appropriate for those new to yoga or returning students. Mind/Body Yoga emphasizes flexibility, balance, and overall strength. Each class will teach stretching (asana), breath awareness (pranayama), and deep relaxation (meditation). **Candlelight Yoga is performed in the relaxing atmosphere of candlelight.**

### Pilates

Pilates is a method of body conditioning, a unique system of stretching and strengthening exercises developed over 90 years ago by Joseph Pilates. It strengthens and tones muscles, improves posture, provides flexibility and balance. Pilates unites body and mind and creates a more streamlined shape. Pilates-Ballet Fitness and Yoga-Ballet Fitness will emphasize the core fundamentals of Yoga or Pilates, and add the strength, balance, and conditioning elements of Ballet Fitness. **Intermediate Pilates requires basic knowledge and previous Pilates experience.**

### Yoga Strength

Gain strength, stamina, and balance with this non-purist, athletic style of yoga. Bring your body and mind together for peak performance.

### Yogalates

Try a great class that incorporates both the core strength component of Pilates and the relaxation techniques of yoga providing a mind and body workout.

## STRENGTH OPTIONS

### Strength Training

This basic strength class uses hand weights, resistance bands, stability balls and more to strengthen every major muscle group in your body. Everyone works at their own ability and chooses their own weight loads and resistance levels. Whether you are trying to increase your bone density, build strength, or tone your body.

### Kettlebell Training

Kettlebell exercises develop strength, power, stamina and provide a full-body workout that will help you transform your body. Kettlebell classes will also incorporate non-kettlebell conditioning drills for an even greater challenge.

### Power Pump

Power Pump is a strength training workout targeting all of the major muscles to strengthen and tone you into shape. This class will utilize supersets, tempo changes, slow reps, and pulses that will challenge your body and save you some time in the gym. Equipment used includes a variable weight bar and selected weight plates. Dumbbells and bands will hit those forgotten muscles. For the best results, two times per week is suggested. Power Pump is suitable for everyone from beginners to advanced strength trainers. Resistance training not only increases strength and performance in activities and sports, it also helps decrease the occurrence of injuries and can prevent conditions such as arthritis and osteoporosis. Classes great for all levels.



## STRENGTH/CARDIO OPTIONS

### Cardio Groove – Low Impact

Using combinations of movements and floor patterns, you will increase endurance and burn fat as you move and “groove” to your favorite tunes. The instructor provides options and modifications, including low-impact alternatives, to accommodate all ability and fitness levels creating a fun cardio class that will help you reach your goals safely and effectively.

### Cardio Kickboxing

A dynamic and energetic class that combines kicks, jabs, and strong arm and leg work to warm you up and keep you moving. A great way to strengthen muscles and burn body fat.

### Indoor Group Cycling

Cycling is an activity that produces one of the highest rates of calorie expenditure. Indoor Group Cycling is fun, challenging, and accommodates all fitness levels, using revolutionary group exercise cycles. This energetic class consists of a continuous bike ride set to up-beat music with “hill climbs” and sprints mixed in to simulate cycling outdoors. The resistance of the stationary bikes is adjustable to accommodate all levels and intensities.

### Step Cardio

Start out with some basic step moves to get warmed up. The next step is to learn some fun patterns, combinations, and movements on an adjustable height step to meet all levels of endurance. Class ends with a cool down and core exercises.

### Zumba®

Zumba® fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic fitness program that will blow you away. Achieve long term health benefits and experience an hour of caloric-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! The routines feature interval training sessions where fast and slow rhythms, and resistance training are combined to tone and sculpt your body while burning fat. Add some Latin flavor and international zest into the mix and you’ve got Zumba®!

### Zumba Gold®

Zumba Gold® is an innovative, fun and exciting class designed for the active older adult, the true beginner, people who are not used to exercising, or those who may be limited physically. Compared to the regular Zumba® class Zumba Gold® is done at a lower pace and intensity, but is just as fun. The same great Latin styles of music and dance are used including Merengue, Salsa, Cha Cha, Salsa, Rock & Roll, Flamenco, and Tango. Zumba Gold® instructors ensure that the routines are easy to learn and follow for participants of all abilities and ages so that success can be achieved quickly and participants can have FUN!

## Boot Camp

No guts, no glory in this total body workout! Whether you're an athlete, gym rat, or just looking for that next-level workout, our instructor will give you the push you need. This workout will incorporate training drills and exercises designed to enhance agility, speed, power, strength, and quickness and each class will provide a unique challenge. This class will work you from head to toe and help transform your body as you enhance your fitness level. Class format will include strength training, circuit training, Tabata intervals, core work, bodyweight exercises, and a variety of other training methods and equipment to give you a great overall strength and conditioning workout.

## Tabata

Tabata classes apply the Tabata Protocol of interval training to strength training, plyometrics, total body, and additional training methods to provide a high intensity workout. Participants will find that Tabata is a highly efficient means of exercise that will give them the best results in the shortest time. Due to the structure of the Tabata Protocol class will be 30 minutes in length.

## Total Body Workout

Work all of your muscles in this total body workout. It will challenge your agility, speed, strength, and endurance. Classes will include a variety of weights, bodyweight exercises, conditioning drills, cycling, kickboxing, core work, kettlebells and more. Come ready to work!



## BOSU Fusion

BOSU Fusion combines elements of step, strength, plyometric, and core training on the BOSU Balance Trainer with additional equipment including Kettlebells to provide a full-body cardiovascular, core, and strength workout.

## Step and Strength

This class provides benefits in cardio fitness, fat burning, and strength training. This is a great cross-training class that utilizes an adjustable step and resistance equipment. All levels and abilities are encouraged to participate. This class will keep you moving and motivated.

## Power Pump

Power Pump is a strength training workout targeting all of the major muscles to strengthen and tone you into shape. This class will utilize supersets, tempo changes, slow reps, and pulses that will challenge your body and save you some time in the gym. Equipment used includes a variable weight bar and selected weight plates. Dumbbells and bands will hit those forgotten muscles. For the best results, two times per week is suggested. Power Pump is suitable for everyone from beginners to advanced strength trainers. Resistance training not only increases strength and performance in activities and sports, it also helps decrease the occurrence of injuries and can prevent conditions such as arthritis and osteoporosis. Classes great for all levels.



### Zumba® Kids

The Zumba® Kids program is the ultimate dance-fitness party for young Zumba fans ages 7-11, where they can play it loud and rock with friends to their own rules! This program features age-appropriate music and moves that get kids movin' to the beat. It's all about feeling fearless on the dance floor, reinforcing the idea that it's okay to just be yourself and dance like no one's watching! **See page 45 for schedule and details.**

## WATER OPTIONS

All water classes are held in the Shoreview Community Center pool. The pool depth never exceeds 4½ feet, and the water temperature is regulated for maximum comfort. Swimming ability is not required—the gentle slope of the pool allows each participant to work at an appropriate depth.

### Aqua Fit

Aqua Fit uses the water's natural resistant properties to help you increase overall muscle strength and endurance while conditioning your cardiovascular system.



## SENIORFIT CLASSES

The Shoreview Community Center is dedicated to helping seniors stay active and fit. These classes are specially tailored for older adults (age 65+) and taught by our experienced and highly trained fitness instructors. SeniorFIT classes can accommodate any fitness level. These classes are available at no cost for any senior with an annual membership at the Shoreview Community Center.

### SeniorFIT Strength Training

This strength training class will focus on increasing muscular strength making everyday tasks such as lifting and bending safer and easier. Moving to your favorite music, our instructor will lead you in a variety of exercises using light weights, bands, and exercise balls.

### SeniorFIT Advanced Circuit

Circuit classes provide a great balance between cardiovascular and strength training giving you a well-rounded and efficient workout. This class will use a variety of fitness equipment, non-impact aerobics, and motivating music to get you moving.

### SeniorFIT Yoga and Stretch

Feel your stress melt away as the instructor takes you through yoga moves to increase your flexibility, balance, and core strength. You will leave this class feeling refreshed, relaxed, and energized.

### SeniorFIT Aqua Exercise

SeniorFIT Aqua Exercise is a low-impact yet highly effective class designed to increase strength, endurance, and range of motion. This class is held in the Community Center pool and swimming ability is not required.

## MORNING AND DAYTIME CLASSES

All classes are 50 minutes unless otherwise indicated.

Winter Session: January 5 – March 15 (10 weeks).

MONDAY			
5:35 A.M.	Total Body Workout	\$59/\$54	110502-01
8:30 A.M.	Strength Conditioning	\$59/\$54	110539-01
8:30 A.M.	SeniorFIT - Strength Training*	\$59/\$54	110161-01
9:15 A.M.	Aqua Fit	\$59/\$54	110522-01
9:30 A.M.	Total Body Workout	\$59/\$54	110502-06
9:45 A.M.	Core-Barre Fusion	\$59/\$54	110527-01
11:45 A.M.	Mind/Body Yoga	\$89/\$81	110506-01
TUESDAY			
5:35 A.M.	Core Fusion	\$59/\$54	110531-02
8:15 A.M.	SeniorFIT - Aqua Exercise*	\$59/\$54	110162-01
8:30 A.M.	Mind/Body Yoga	\$89/\$81	110506-02
8:30 A.M.	Power Pump	\$59/\$54	110523-02
9:15 A.M.	Aqua Fit	\$59/\$54	110522-03
9:30 A.M.	Ballet Fitness	\$75/\$69	110508-01
9:30 A.M.	Step Cardio	\$59/\$54	110516-01
10:30 A.M.	Zumba Gold®	\$75/\$69	110543-01
11:40 A.M.	Total Body Workout	\$59/\$54	110502-05
12:45 P.M.	SeniorFIT - Strength Training*	\$59/\$54	110161-03
WEDNESDAY			
5:35 A.M.	Total Body Workout	\$59/\$54	110502-02
8:30 A.M.	SeniorFIT - Strength Training*	\$59/\$54	110161-02
8:30 A.M.	Cardio & Strength Conditioning	\$59/\$54	110540-01
9:15 A.M.	Aqua Fit	\$59/\$54	110522-05
9:30 A.M.	Zumba®	\$75/\$69	110544-07
9:30 A.M.	Total Body Workout	\$59/\$54	110502-07
9:30 A.M.	SeniorFIT - Yoga & Stretch*	\$59/\$54	110163-02
11:45 A.M.	Mind/Body Yoga	\$89/\$81	110506-04
THURSDAY			
5:35 A.M.	Power Pump	\$59/\$54	110523-01
8:30 A.M.	Yoga-Ballet Fitness	\$75/\$69	110515-01
8:30 A.M.	Power Pump	\$59/\$54	110523-06
9:15 A.M.	Aqua Fit	\$59/\$54	110522-07
9:30 A.M.	Step Cardio	\$59/\$54	110516-04
9:30 A.M.	Core Fusion	\$59/\$54	110531-06
10:30 A.M.	Zumba Gold®	\$75/\$69	110543-02
11:40 A.M.	Total Body Workout	\$59/\$54	110502-08
12:45 P.M.	SeniorFIT - Strength Training*	\$59/\$54	110161-04
FRIDAY			
5:35 A.M.	Total Body Workout	\$59/\$54	110502-03
8:15 A.M.	SeniorFIT - Aqua Exercise*	\$59/\$54	110162-02
8:30 A.M.	Strength Conditioning	\$59/\$54	110539-02
9:15 A.M.	Aqua Fit	\$59/\$54	110522-09
9:30 A.M.	Total Body Workout	\$59/\$54	110502-09
9:30 A.M.	Zumba®	\$75/\$69	110544-08
10:40 A.M.	SeniorFIT - Yoga & Stretch*	\$59/\$54	110163-03
11:40 A.M.	SeniorFIT - Advanced Circuit*	\$59/\$54	110165-01
SATURDAY			
8:15 A.M.	Indoor Group Cycling	\$75/\$69	110512-08
8:30 A.M.	Kettlebell Training	\$75/\$69	110528-04
8:30 A.M.	Zumba®	\$75/\$69	110544-06
9:30 A.M.	<b>NEW!</b> Zumba® Kids (7-11 yrs)	\$66/\$60	110244-01
9:30 A.M.	Core Fusion	\$59/\$54	110531-03
SUNDAY			
8:30 A.M.	Indoor Group Cycling	\$75/\$69	110512-09
9:45 A.M.	Mind/Body Yoga	\$89/\$81	110506-08
6:00 P.M.	Candlelight Yoga	\$89/\$81	110537-01

\*SeniorFIT classes are available at no cost to those with an annual Senior membership at the Shoreview Community Center

Annual Community Center members receive 30% off group fitness classes listed on the schedule on pages 36 & 37.

\* SeniorFIT classes are available at no cost to anyone with a Senior membership at the Shoreview Community Center.

## REGISTER EARLY AND SAVE YOUR SPOT IN CLASS!

Classes with fewer than 6 registered participants are subject to cancellations.

Participants are encouraged to register at least one week prior to the start of the session to prevent classes from being cancelled due to low enrollments.

For updated class times and locations, please see schedules available on-line and at the Community Center or scan this code.



## CHILD CARE AVAILABLE!

Mon-Sat 8 A.M. – 12:30 P.M.  
Mon-Thu 4 P.M. – 8:30 P.M.  
Fri 4 P.M. – 8 P.M.

Rate \$1 per hour per child.

## EVENING CLASSES

All classes are 50 minutes unless otherwise indicated.  
Winter Session: January 5 – March 15 (10 weeks).

### MONDAY

4:10 P.M.	Zumba®	\$75/\$69	110544-02
5:20 P.M.	Step and Strength	\$59/\$54	110514-01
5:20 P.M.	Yogalates	\$89/\$81	110525-01
5:45 P.M.	Indoor Group Cycling	\$75/\$69	110512-01
6:25 P.M.	Core Fusion	\$59/\$54	110531-01
6:25 P.M.	Zumba®	\$75/\$69	110544-10
7:30 P.M.	Power Pump	\$59/\$54	110523-04

### TUESDAY

4:30 P.M.	Tabata (30 minutes)	\$59/\$54	110513-01
5:20 P.M.	Mind/Body Yoga	\$89/\$81	110506-03
5:20 P.M.	Power Pump	\$59/\$54	110523-03
5:30 P.M.	Aqua Fit	\$59/\$54	110522-04
6:25 P.M.	Pilates-Ballet Fitness	\$75/\$69	110517-01
6:25 P.M.	Cardio Kickboxing	\$59/\$54	110501-01
6:45 P.M.	Aqua Fit	\$59/\$54	110522-02
7:30 P.M.	Total Body Workout	\$59/\$54	110502-04
7:30 P.M.	BOSU Fusion	\$59/\$54	110542-01

### WEDNESDAY

4:15 P.M.	Kettlebell Training	\$75/\$69	110528-03
5:15 P.M.	Step Cardio	\$59/\$54	110516-03
5:20 P.M.	Yogalates	\$89/\$81	110525-02
6:25 P.M.	Ballet Fitness	\$75/\$69	110508-02
6:25 P.M.	Boot Camp	\$59/\$54	110532-02
6:25 P.M.	Indoor Group Cycling	\$75/\$69	110512-05
7:30 P.M.	Mind/Body Yoga	\$89/\$81	110506-06

### THURSDAY

4:15 P.M.	Indoor Group Cycling	\$75/\$69	110512-03
5:20 P.M.	Yoga Strength	\$89/\$81	110524-01
5:20 P.M.	Power Pump	\$59/\$54	110523-07
5:30 P.M.	Aqua Fit (no class March 12th)	\$53/\$48	110522-08
6:25 P.M.	Zumba®	\$75/\$69	110544-03
6:25 P.M.	Pilates (Intermediate)	\$89/\$81	110511-01
6:45 P.M.	Aqua Fit (no class March 12th)	\$53/\$48	110522-06
7:30 P.M.	Mind/Body Yoga	\$89/\$81	110506-05

### FRIDAY

4:30 P.M.	Zumba®	\$75/\$69	110544-04
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\*SeniorFIT classes are available at no cost to those with an annual Senior membership at the Shoreview Community Center

\* SeniorFIT classes are available at no cost to anyone with a Senior membership at the Shoreview Community Center.

Annual Community Center members receive 30% off group fitness classes listed on the schedule on pages 36 & 37.

Scan this code for an updated class schedule:



## NOTES ABOUT GROUP FITNESS CLASSES:

- Classes with fewer than 6 registered participants are subject to cancellations.
- Participants are encouraged to register at least one week prior to the start of the session to prevent classes from being cancelled due to low enrollments.
- Refunds are issued for medical reasons only.
- Membership is not required to register for our fitness classes!
- Annual Community Center members receive a 30% discount off group fitness class registration fees (exclusions apply).
- Senior Fit classes are free to any senior with an annual Membership.
- Fitness class attendance for members is applicable to the minimum monthly visits required by insurance providers to receive insurance reimbursements.
- All classes are 50 minutes unless indicated.
- For updated class times and locations, please see schedules available on-line and at the Community Center.
- Minimum age is 14. Ages 12 & 13 may sign up with a parent/guardian.
- Group Fitness insurance Program available. See website for more information.
- Two make-up classes are available per class registration. Please email [recreation@shoreviewmn.gov](mailto:recreation@shoreviewmn.gov) to request a make-up pass.



## COMMUNITY CENTER MEMBER EQUIPMENT ORIENTATION

(Individual or Group)

FREE to members age 14 and older

All members of the community center are encouraged to attend a fitness equipment orientation.

Participants will be introduced to the Fitness Center equipment and our fitness staff will teach you how to properly utilize the strength and cardiovascular equipment with correct form and provide guidelines for safe exercise and improved fitness. The schedule and sign-up sheet for equipment orientations is located on the desk in the fitness center. For more information call 651.490.4750.

## INDIVIDUAL TEEN EQUIPMENT ORIENTATION

Required for ages 12 and 13

\$40; \$35 Shoreview Res. ....Activity # 510299-01

Shoreview Community Center

The Teen Equipment Orientation provides 12 and 13 year olds the opportunity to learn proper form and appropriate guidelines for strength and cardiovascular exercises. A personal trainer will teach participants proper methods of strength training and cover an informational packet that provides a beginning strength training program and guidelines for cardiovascular exercise. Parents are welcome and questions are encouraged. Adolescent exercise is safe and effective when proper form is used and appropriate guidelines are followed. The Teen Equipment Orientation is required for 12 and 13 year olds to use the fitness center. Registration forms are available at the front desk and lower level service desk. **The schedule and sign-up sheet for teen equipment orientations are located on the desk in the fitness center,** or call 651.490.4768 to find out more.

## KETTLEBELL TRAINING

A kettlebell is a weighted iron ball with a handle attached to it. In addition to traditional strength training exercises, kettlebells can be used to perform “swings”, “presses”, and a variety of other dynamic movements that require all of the muscles of the body to work together. You can expect to increase strength, power, coordination and stamina while developing all of the muscles of the upper and lower body. One-on-one Kettlebell Training is available in packages of 1,3,6 and 12 sessions. Small group training sessions are also available and can be scheduled by calling 651.490.4750.

### Personal Training:

Personal Training can benefit anyone regardless of physical condition or age. A trainer can plan a safe, effective program and provide the one-on-one instruction to ensure that you are using proper form and technique, exercising at the appropriate intensity, and maximizing the effectiveness of your workout to achieve your health and fitness goals. Personal Trainers serve as a coach, educator, and a major source of motivation and encouragement to help you overcome obstacles and stick to your program. **Meet the Trainers on page 39.**

### Personal Trainers will:

- Identify realistic goals and determine safe strategies to achieve those goals
- Customize a program to fit your ability and health status
- Monitor progress & adapt your routine for consistent improvement
- Educate you on fitness principles and correct form to aid in progress and prevent injuries
- Achieve maximum results in minimum time
- Provide the encouragement and accountability you need

### Goals Achieved Through Personal Training:

- Reach and maintain a healthy weight
- Reduce body fat and build muscle
- Shape and tone your body
- Improve strength and cardiovascular fitness
- Recover from an injury
- Train for sports, triathlons, running events, and fitness challenges

### How many sessions do I need?

Some people may want personalized training 2 to 3 times a week, which makes them more likely to stick to their program because they are accountable to someone else for their exercise time. Others prefer to see a trainer periodically to update their exercise program or for fitness testing to receive feedback on their progress. Personal Training comes in packages of 1, 3, 6 and 12 sessions.

Sessions	Regular	Resident
Fitness Assessment.....	\$ 31	\$ 26
Single Session .....	\$ 65	\$ 60
Three Sessions.....	\$183	\$168
Six Sessions .....	\$345	\$320
Twelve Sessions .....	\$652	\$602

### What is a Fitness Assessment?

Assessments are used to determine your current level of fitness. Measurements and tests taken during assessments will be specific to the goals of the individual and may include body measurements, body fat calculations, resting heart rate and/or blood pressure, flexibility testing, muscular strength and/or endurance testing, posture assessment, cardiovascular testing, and sports-specific tests. You can register for a fitness assessment without signing up for personal training, however, assessments are included in personal training packages of 3, 6, and 12 sessions for first time clients.

## Meet the Trainers

We have 6 certified personal trainers on staff. Trainer biographies are posted outside of the Fitness Center across from Studio 2 and at [www.shoreviewcommunitycenter.com](http://www.shoreviewcommunitycenter.com). Call 651.490.4750 for more information and to speak with the Fitness Supervisor to discuss which trainer can best help you achieve your goals.



**Karen** is dedicated to helping her clients reach their goals. She excels at working with clients recovering from illness, injury, and other health challenges and has also helped many clients achieve weight loss goals. **Certifications:** ACE Personal Trainer, NETA Group Fitness Instructor, ACE Course on Exercise for Special Populations.



**Mike** specializes in training athletes of all sports, abilities, and ages. He has trained sports teams, triathletes, cyclists, runners, and those interested in general fitness. Mike is highly energetic and motivating and enjoys working with everyone from young athletes to experienced competitive athletes. In addition to personal training Mike instructs Sports

Performance groups and fitness classes including Revving and has completed 27 marathons and 4 IronMan Triathlons. **Certifications:** ACE Personal Trainer, NASM Performance Enhancement Specialist, NETA Kettlebell.



**Tim** has experience working with clients of various goals. He has a background in training athletes of all sports with an extensive background working with track and field athletes, cross country runners, and golfers. Tim has a thorough understanding of movement science and has helped many clients with weight loss, muscular strength and conditioning,

posture and overall fitness. Tim has a B.S. in Physiological Sciences from the University of Arizona and is an ACSM Certified Personal Trainer.



**Lindsay** has assisted clients of all abilities, ages, and fitness levels in achieving their weight loss, body composition, fitness, and athletic goals through the use of strength training, endurance exercise, and cross training methods. Lindsay has a B.S. in Health and Wellness. **Certifications:** AFAA Primary Group Exercise Instructor, ACE Personal Trainer, YMCA Indoor

Cycling, Turbokick®, Les Mills Body Pump, and CrossFit Indoor Rowing.



**Wanda** works with a broad base of clients and focuses on general fitness and well-being. Wanda provides the motivation clients need to stay on track. She specializes in strength training for body composition, beginner strength training, and core training. Wanda has a B.S. in elementary education and human

development. **Certifications:** NETA Personal Trainer and Group Fitness Instructor.



**Wendy** draws from many disciplines and fitness philosophies to develop training methods that will most efficiently and effectively help her clients meet their goals. Wendy specializes in working with those interested in general fitness, athletes of all sports, and those wanting to improve core strength and posture.

Wendy has an extensive background in working with athletes, coaches soccer and lacrosse, and also instructs several fitness class formats including water exercise, kickboxing, strength training, and core formats. **Certifications:** ACE Group Fitness Instructor, ACE Certified Personal Trainer, YogaFit, Concept 2 Rowing, Turbokick® and National Coaching License in US Soccer & US LaCrosse.

Additional trainer biographies available at  
[WWW.SHOREVIEWCOMMUNITYCENTER.COM](http://WWW.SHOREVIEWCOMMUNITYCENTER.COM)



## Traditional Tae Kwon Do

Tae Kwon Do emphasizes both physical and mental discipline unlike any other martial arts program. Classes will teach kicking, punching, striking, and blocking techniques through the philosophy and discipline of traditional Tae Kwon Do. While learning self defense, you will develop both physically and mentally. You will improve your stamina, strength, speed, agility, coordination, flexibility, balance, reflexes, concentration and confidence. Classes are taught by certified instructors of Sun Yi's Academy of Traditional Tae Kwon Do. A \$10 late fee will be assessed for registrations received after 12 P.M. on the Wednesday following the first class of the session. **Pre-registration is required; dropins are not permitted.**

### BEGINNER CLASS

Tuesdays and Thursdays ..... 6:00 P.M. – 7:00 P.M.

**WINTER SESSION A** January 6 – February 12 (6 weeks)  
\$90; \$82 Shoreview Resident.....**Activity # 110230-01**

**WINTER SESSION B** February 17 – March 26 (6 weeks)  
\$90; \$82 Shoreview Resident.....**Activity # 110232-01**

Gym Activity Room

For ages 7 and older. This class is designed for individuals and families and will teach basic principals and techniques. Small groups or individual attention will be provided as necessary if varying skill levels are apparent. Wear loose fitting clothing. You do not need a uniform for this class.

### ADVANCED CLASS

Tuesdays and Thursdays ..... 7:00 P.M. – 8:00 P.M.

**WINTER SESSION A** January 6 – February 12 (6 weeks)  
\$90 \$82 Shoreview Resident.....**Activity # 110231-01**

**WINTER SESSION B** February 17 – March 26 (6 weeks)  
\$90; \$82 Shoreview Resident.....**Activity # 110233-01**

Gym Activity Room

For ages 7 and older who have completed the beginner class. This class will further the student's skills for powerful self defense. (Students must attend the beginner class prior to taking the advanced class even if they have Tae Kwon Do experience. Promotion to the advanced class may be determined at the instructor's discretion.) A uniform is required and available through the instructor.

### FAMILY DISCOUNT

\$15 off for second family member  
\$25 off for third family member



**BRING IN THE  
NEW YEAR  
WITH A NEW  
YOU!**

## WELCOME TO THE 6 WEEK FITNESS CHALLENGE 2015

This new six week training program is designed to develop strength, increase cardio conditioning, improve flexibility and encourage good nutritional habits. The small group training will meet on Saturday January 3rd at 1:00 P.M. for body assessments and fitness testing. At this time participants will receive general workout guidelines and nutritional information. A personal trainer will meet with the small group on Saturday afternoons at 1:00 P.M. This weekly meeting is optional but highly recommended for the success of the program. Participants can register for 3 group fitness classes per week and will be given access to the fitness center three times a week. Each week a personal trainer will introduce you to new exercises and different machines in the fitness center and provide weekly nutritional advice. The participant that achieves the best results at the conclusion of the program will win a seasonal membership.

**\$250; Annual Community Center Member \$200 ..... Activity # 110240-01**



For information on  
2014-15 class availability  
call 651.490.4750



## 2015-2016 School Year

Registration begins at our open house on January 29, 2015 from 6:00 – 7:30 P.M. You also may register on-line beginning Monday, February 2, 2015. A \$50 non-refundable registration fee is required at the time of registration. This fee is not applied toward tuition. Monthly tuition is charged August – April.

Our preschool program offers your child a variety of fun and educational activities designed to stimulate their social and intellectual development as they move along the road to Kindergarten.

Our unique location at the Shoreview Community Center allows for several one-of-a-kind opportunities that you won't find at other preschools.

Our playgrounds, both indoor and outdoor, along with gym space, allows us to incorporate physical education curriculum. The adjacent park, complete with pond and natural areas, gives our preschool the opportunity for nature and science programming. In addition, children have the option of including swim lessons at Tropics Indoor Waterpark as part of their preschool experience.

Our teachers have decades of teaching experience and create a warm, welcoming, and caring environment in which your child will thrive. Each class provides time for dramatic play, storytelling, music, arts & crafts, and a snack.

## 2½ TO 3 YEAR OLD CLASSES

Our preschool classes for 2½ to 3 year olds will offer your child a great first-time classroom experience. Class time will include opportunities for your child to learn socialization skills in a safe, large group experience, while focusing on learning colors, shapes, patterns and days of the week. Class curriculum will vary between Monday and Friday to accommodate children enrolled in both classes. Children must be 3 years old by March 1, 2016.

**Monday Funday AM**.....9:00 A.M. – 10:30 A.M.

**Monday Funday PM**..... 11:00 A.M. – 12:30 P.M.

\$58/month; \$53/month Shoreview Resident

**Friday Funday AM**.....9:00 A.M. – 10:30 A.M.

**Friday Funday PM**..... 11:00 A.M. – 12:30 P.M.

\$53/month;\$48/month Shoreview Resident



## 3 TO 4 YEAR OLD CLASSES

Our preschool classes designed for 3 and 4 year olds will provide a nurturing environment while having fun participating in early learning activities. Students will learn to recognize letters, numbers, colors, and shapes, as well as be introduced to writing skills. Children will learn social skills and self-help abilities through classroom routines and transitions provided each day. Physical education time and focus on large motor skills takes place in each class every week in activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Children must be 3 years old by September 1, 2015.

### Tiny Treasures

Wednesday & Friday.....9:00 A.M. – 11:30 A.M.

\$117/month; \$108/month Shoreview Resident

### ABC's & 123's

Tuesday & Thursday ..... 1:00 P.M. – 3:30 P.M.

\$127/month; \$117/month Shoreview Resident



## 4 TO 5 YEAR OLD CLASSES

Our preschool classes designed for 4 to 5 year olds will prepare your child to be socially, academically and physically ready for Kindergarten. Classes will place emphasis on skill work including letter recognition and printing, counting and beginning math problems, cutting and scissors skills, as well as following directions in a classroom setting. Students will gain confidence and knowledge in how to relate to others in a group setting while learning through play. Each week students will enjoy physical education time and focus on large motor skills in activities in the gymnasium, outdoors, or Tropical Adventure Indoor Playground. Children must be 4 years old by September 1, 2015.

### Alpha Kids

Tuesday & Thursday ..... 9:00 A.M. – 12:00 P.M.  
\$137/month; \$129/month Shoreview Resident

### Stepping Stones

Monday, Wednesday & Friday ..... 12:30 P.M. – 3:30 P.M.  
\$177/month; \$165/month Shoreview Resident



### Kids Corner Preschool Lunch Bunch

Monday – Friday ..... 11:30 A.M. - 1:00 P.M.  
Entire School Year Registration \$10/day;  
\$7/day Shoreview Resident  
Daily Rate \$14/day; \$10 Shoreview Resident

Are you looking to extend your child's preschool day? This is an opportunity for your 3 to 5 year old child to stay late after class or come in early and enjoy the lunch hour with friends. Lunch is not provided; child must bring their own lunch. Please do not send any products containing peanut butter due to allergies. Sign up for one day or all 5 days. Minimum of 5 participants needed per day for lunch bunch to run.

## SPECIALTY CLASSES (3 TO 5 YEAR OLDS)

### Busy Buddies

Monday ..... 9:00 A.M. – 11:30 A.M.  
\$93/month; \$85/month Shoreview Resident

This class will offer your 3 to 5 year old children a fun and energy-filled preschool adventure. Children will learn the basics of letters, science and Spanish. Swimming lessons are included in 8 week sessions during the fall, winter, and spring. Class time will also consist of constructive play, story time, music and movement, physical education, and snack. Children must be 3 by September 1, 2015.

### Story Stretchers

Tuesday ..... 9:00 A.M. – 11:30 A.M.  
\$74/month; \$68/month Shoreview Resident

Your 3 to 5 year old child is sure to love this literature based class! The class will focus on ensuring your child understands the content of stories told during class by using dramatic play, acting, art, circle time, sensory, science, math, large muscle time, and snack. Development of a child's literacy skills is crucial during a child's early years. This class will heighten reading readiness, sharpen comprehension skills and help your child develop a love for reading. Children must be 3 by September 1, 2015.

### Investigators

Wednesday ..... 9:00 A.M. – 11:30 A.M.  
\$76/month; \$70/month Shoreview Resident

This preschool class will give your 3 to 5 year old an opportunity to discover the world of science and all of its wonders. This class will include time for individual and group discovery, art projects, snacks, sharing, creative movement and occasional outdoor activities. Children must be 3 by September 1, 2015.

### Math Monsters

Thursday ..... 9:00 A.M. – 11:30 A.M.  
\$71/month; \$66/month Shoreview Resident

This specialty preschool class will provide your 3 to 5 year old with a fun learning atmosphere that focuses on math skills. For all those kids who like numbers, solving problems, and having fun with shapes, this class has it all! A concentration on math is essential in the early years of child development and this class will include work on one to one correspondence, geometry, counting, along with having fun. Also included is 30 minutes of gym time and a snack. Children must be 3 by September 1, 2015.



## TODDLER TIME

Ages 2 to 3

**Saturdays** ..... 9:00 A.M. – 10:30 A.M.  
\$18; \$16 Shoreview Resident

### Holiday Fun

December 6 ..... **Activity # 540235-04**

### Winter Wonderland

January 10 ..... **Activity # 540235-05**

### Happy Heart

February 7 ..... **Activity # 540235-06**

Bring your tots and enjoy a morning filled with exploration, art, music, stories and fun! This is a great opportunity to spend quality time with your toddler and introduce them to a classroom setting. Class activities are designed to build your child's confidence while enjoying the freedom to play and the structure of group activities. Each date activities will center on a designated theme. Parent participation and support are required to ensure a successful experience for your toddler.

## ADVENTURE CLUB

Ages 3 to 5

**Wednesdays**..... 1:00 P.M. – 3:00 P.M.  
\$28; \$25 Shoreview Resident

### Arctic

December 10 ..... **Activity # 540236-04**

### Oceans

January 14 ..... **Activity # 540236-05**

### Desert

February 18 ..... **Activity # 540236-06**

Come along and join us on our next great adventure! Let's soar through the universe on a hunt for life beyond our solar system and explore the amazing diversity of life on our planet. This program encourages preschoolers to use their natural curiosity to investigate and explore the world around them in an environment designed for young children. Classes are designed to provide an engaging learning experience while discovering a variety of environments through music, art, literacy and more. Each date activities will center on a designated theme.

## BOOKWORMS

Ages 3 to 5

**Thursdays**..... 1:00 P.M. – 3:00 P.M.  
\$28; \$25 Shoreview Resident

### The Smallest Elf

December 11 ..... **Activity # 540237-04**

### Winter Rabbit

January 8..... **Activity # 540237-05**

### Valentine Mice

February 12 ..... **Activity # 540237-06**

Literature lets a child's imagination soar! Through stories children learn about other people, places, and cultures. Each week highlights a new book and brings it to life through crafts, music, dance, drama and games. Books are selected to develop a love and interest in reading and books in your child!



## LET'S MAKE MUSIC

Ages 3 to 5

**Tuesdays**..... 1:00 P.M. – 3:00 P.M.  
January 27 – February 10 ..... **Activity #540239-01**  
\$83; \$75 Shoreview Resident

If your child loves to move and groove to music, we want to share that love of music in this class! Early exposure to music helps children think, reason, create and express themselves. In this high energy music class, we will sing and dance our way through the wonderful world of music. We will learn about different instruments and even make our very own. Learning never sounded so good!

## WISH UPON A BALLET

Ages 3 to 6

Tuesdays..... 10:00 A.M. – 10:45 A.M.

Session I: Jan. 6 – Feb. 17 (7 weeks)

Theme: Pirate Fairy

\$70.....**Activity # 170202-01**

Session II: Feb. 24 – Apr. 14 (7 weeks, no class March 17)

Theme: Magic Carpet

\$70.....**Activity # 170202-02**

Shoreview Community Center

Wish upon a Ballet is a dance program for children that incorporates popular children’s stories as well as ballet to create a dance class that is more than ballet steps. Using musical instruments, parachutes and scarves we will create a complete fairy tale experience while we skip, leap, jump and spin. This way an introduction to the movements and vocabulary of ballet are taught in a fun and creative manner. Children will learn an appreciation of dance and music while developing strength and flexibility. Parents, family and friends will be invited to observe a special performance at the end of each session. Come join the fun! Girls and boys will need ballet shoes. Girls should wear a leotard and tights. Boys should wear comfortable clothes they can move around in. Shoes will be available to order at the first day of class for an extra fee.



## ZUMBA® KIDS

Ages 7 to 11

Saturdays.....9:30 A.M. – 10:15 A.M.

Jan. 5 – March 15 (10 weeks)

\$66; \$60 Shoreview Resident.....**Activity # 110244-01**

Studio 1..... Instructor: Jeanette

The Zumba® Kids program is the ultimate dance-fitness party for young Zumba fans ages 7-11, where they can play it loud and rock with friends to their own rules! This program features age-appropriate music and moves that get kids movin’ to the beat. It’s all about feeling fearless on the dance floor, reinforcing the idea that it’s okay to just be yourself and dance like no one’s watching!



**Eligible for Annual  
Community Center  
Member 30% off  
discount!**



## Tumbling

Children will discover the sport of tumbling within a positive, educational atmosphere. Along with athletics, participants will learn self-discipline and have fun. Please register your child in the appropriate skill level; this will ensure that all participants learn as much as possible. Due to space limitations, we are unable to provide an observation area; parents are invited to observe the final class. For answers to your questions about placement, call 651-490-4750.

## TODDLER AND PARENT

Ages 2 and 3 ..... \$82; \$72 Shoreview Resident  
 Saturdays.....9:45 A.M. – 10:30 A.M.  
 January 10 – February 28..... **Activity # 180101-01**  
 Saturdays..... 10:45 A.M. – 11:30 A.M.  
 January 10 – February 28..... **Activity # 180101-02**

A fast-paced class for energetic 2 and 3 year old toddlers to explore their motor skills. This class is an excellent opportunity for youngsters to safely increase body awareness and coordination. The loose structure of this class allows children to acquire skills according to their own abilities and interests. One child per adult. Parent participation and support are part of the class. No siblings will be allowed on gymnastics equipment.

## TUMBLING TYKES

Ages 3 and 4 ..... \$82; \$72 Shoreview Res  
 Saturdays..... 11:45 A.M. – 12:30 P.M.  
 January 10 – February 28..... **Activity # 180102-01**

Enhance your preschooler’s hand-eye coordination and motor skills. Designed for active 3- and 4-year olds who want to learn basic tumbling, using special equipment designed for smaller gymnasts.

## ROLLY POLLYS

Ages 4 and 5 ..... \$82; \$72 Shoreview Res  
 Saturdays..... 12:45 P.M. – 1:30 P.M.  
 January 10 – February 28..... **Activity # 180103-01**

For the active 4- to 5-year old child, we offer a special class that teaches basic tumbling and works on hand-eye coordination and motor skills. Participants will begin to learn basic skills on floor, balance beam, bars and vault.

## BEGINNERS HEADSTANDERS/ HANDSTANDERS

Ages 5 to 8..... \$82; \$72 Shoreview Res  
 Saturdays..... 1:45 P.M. – 2:30 P.M.  
 January 10 – February 28..... **Activity # 180104-01**

Designed for children 5 to 8 years old who want to learn the sport of gymnastics. Emphasis will be on learning the basic positions and skills on the floor, beam, bars and vault.



## RECREATIONAL ICE SKATING INSTRUCTION

**WINTER 2015 SCHEDULE** Get an edge on winter fun by enrolling in ice skating lessons early.

Saturdays, January 10 – February 21 (7 week session)

\$82; \$72 Shoreview Resident (Snowplow Sam to Level 5 and Specialized Classes)

\$130; \$118 Shoreview Resident (Pre-snowplow)

Rate for Private Lessons

\$171; \$155 Shoreview Resident

The Shoreview Arena, 96 and Victoria



Skate Rental is NOT available at the rink.

### GROUP LESSONS

#### Pre-snowplow

Beginning skating class for 4-8 year old participants that are unable to stand on the ice without assistance from an adult. This class will help participants gain the strength and confidence to stand on their own on the ice while introducing preliminary skating moves and techniques. All participants must wear a helmet while on the ice.

#### Snowplow Sam

Snowplow Sam introduces preliminary moves to 4-10 year olds. These classes will help develop the familiarity, coordination and strength needed to maneuver on skates. All participants must wear a helmet while on the ice. This class is for beginning skaters with no previous skating experience. Participants must be able to stand on ice skates without assistance.

#### Level 1

Beginning class for those that are comfortable on the ice. Includes getting up, forward glide, two-foot gliding, and snowplow stop. All participants must wear a helmet on the ice.

#### Level 2

Teaches backward skating, backward glide, forward one-foot glide, two foot turn from forward to backward. All participants must wear a helmet on the ice.

#### Level 3

Includes forward and backward one foot snowplow stop, turns, forward swizzles and stroking.

#### Level 4

Teaches forward edges, forward crossovers & backward glides.

#### Level 5

Works on backward edges, back crossovers, forward three turns and hockey stop. Figure skates are highly recommended for this class.

**Helpful Tips for Skaters:** Lace skates more snugly in the middle of the shoe than at the top or bottom for best support. Skates should fit correctly—don't use skates that are too big. Keep the blades sharp. Wear one pair of light-weight wool or synthetic socks. Cotton socks are not suitable for skating. If a child does not meet the basic requirements of the level registered for, it is at the discretion of the instructor to adjust the child's level.

**Helmets:** For safety, all participants in Pre-Snowplow Sam, Snowplow Sam, Level 1, and Level 2 are required to wear helmets. Bike helmets are acceptable. (Helmets not provided.)

## PRIVATE LESSONS

Personalized, high-quality skating instruction for all ages that want to improve their skating ability. This program offers one-on-one skating instruction for the casual or competitive skater. Note: Private lessons only last 30 minutes.

## SPECIALIZED CLASSES

### Adult

This class will benefit all skill levels. Participants will be challenged based on their individual skills, ranging from the basics of skating, including forward and backward gliding and stroking, turning and stopping to more advanced skills, including the use of inside and outside edges, crossovers, and combined movements to increase ice-skating pleasure. Class is tailored to meet participants needs.

## WINTER ICE SKATING SCHEDULE

Time	Class	Activity#
9:20 A.M. – 9:55 A.M.	Snowplow	170401-01
	Level 1	170402-01
	Level 2	170403-01
10:00 A.M. – 10:35 A.M.	Snowplow	170401-02
	Level 1	170402-02
	Level 3	170404-01
10:40 A.M. – 11:15 A.M.	Snowplow	170401-03
	Level 1	170402-03
	Level 4	170405-01
	Adult	170407-01
11:25 A.M. – 12:00 P.M.	Pre-Snowplow	170400-01
	Level 5	170406-01
	Private	170408-01
	Private	170408-02
	Private	170408-03
12:05 P.M. – 12:35 P.M.	Pre-Snowplow	170400-02
	Private	170408-01
	Private	170408-02
	Private	170408-04

## LETTER FROM SANTA

\$5 per child  
 ..... **Activity # 160102-01**

**Deadline to Register:  
 Monday, Dec. 8**

Santa would like to wish you all a very happy holiday from the North Pole. This letter will come in an envelope with Santa's name and return address in the corner, addressed directly to your child. Please include the following information on your registration form: **three gifts your child is likely to receive, names and ages of siblings, names of pets, school attending, hobbies, and positive personality traits.** Letters mailed around December 15.



## KIDS SECRET HOLIDAY SHOPPING SPREE

Ages 3-12

Saturday, December 13.....9:00 A.M. – 1:00 P.M.  
 Shoreview Community Center

Are the kids looking for gifts for family members and friends around the Holiday season? Bring the kids to do some quick, inexpensive shopping with the help of Park and Recreation Staff and volunteers, while mom and dad sit back and relax in the fireside lounge. Send your child with a list of people that need gifts and a designated dollar amount to spend per person. Gifts range from \$0.50 to \$10. The Park and Recreation staff and volunteers will assist your child with making purchases and wrapping gifts.



## SANTA'S WORKSHOP

Saturday, December 13  
 \$12; \$10 Shoreview Resident (includes 1 child and 1 adult)  
 \$5 for each additional adult

Session 1, 9:00 A.M. – 10:00 A.M.....**Activity # 160104-01**  
 Additional adult.....**Activity # 160104-02**

Session 2, 10:30 A.M. – 11:30 A.M.....**Activity # 160104-03**  
 Additional adult.....**Activity # 160104-04**

Session 3, 12:00 P.M. – 1:00 P.M.....**Activity # 160104-05**  
 Additional adult.....**Activity # 160104-06**

**Deadline to Register: Monday, Dec. 8**

Come spend the morning with Santa at his workshop! Where you will enjoy a continental breakfast, a craft, and visiting time with Santa himself! You don't want to miss out on this memorable family fun! Don't forget to check out the Kids Secret Holiday Shopping Spree after! Each session is limited to 30 kids. Children must be accompanied by an adult. Pre-registration required. No Walk-ins Allowed.



## NEW YEAR'S EVE PARTY

\$9 youth (ages 1-17).....**Activity # 160103-01**  
 \$7 adults (ages 18 & over).....**Activity # 160103-02**  
 Wednesday, Dec. 31.....5:30 P.M. – 8:00 P.M.

Bring the whole family to Shoreview's annual New Year's Eve Party! Join us for face painting, crafts, games, swimming and take your picture with a mermaid. As always, adventure awaits in the Tropical Adventure Indoor Playground and Tropics Indoor Waterpark. Zoom down the water slide while enjoying a light and music show. Ring in the New Year with a spectacular balloon drop at 7:45 p.m. Fee includes admission to the waterpark, playground, and all activities. Concessions are available for an additional fee at the Wave Café. Register by December 30th and save! Price is \$10 at the door.



## DIVE-IN MOVIE

Friday, January 16 & March 6..... 7:00 P.M.  
Shoreview Community Center

Join your friends and family at the Tropics Indoor Water Park inside the Shoreview Community Center for Dive-In Movie nights! Guests can float with water noodles (not provided), relax on giant sea creatures, or lounge on pool-side chairs and enjoy a popular family friendly movie. No need to register. The purchase of a daily pass on the day of the movie will be your ticket. Free for Community Center Members. Please note the hot tub will be closed during and after the movie. Movie titles will be posted at the Community Center or call 651.490.4750 for more information.



## SWEETHEART DANCE

Ages 10 and under..... Shoreview Community Center  
Friday, February 13, 2015..... 6:30 P.M. – 8:00 P.M.  
\$12; \$10 Shoreview Resident  
(includes 1 child and 1 adult)..... **Activity # 160107-01**  
\$5 for each additional adult ..... **Activity # 160107-02**

**Deadline to Register: Friday, Feb. 6**

Put on your party clothes, grab a special adult, and join us for our annual Sweetheart Dance! There will be a DJ playing music, crafts, treats and fun for all to enjoy. So come dressed to impress and spend a special evening with someone you love. Oh, and don't forget your camera. You will want to capture these sweethearts on film!



## SHOREVIEW EGG HUNT

Saturday, March 28, 2015..... 10:00 A.M.  
\$10; \$8 Shoreview Resident..... **Activity #: 260219-01**

Location: Shoreview Community Center Pavilion

**Deadline to Register: Friday, March 20**

Join the Bunny in an Old-Fashioned eggciting hunt for prized-filled eggs! Each participant will be given a Easter bag for the hunt! Space is limited. Register by March 20. The Shoreview Egg Hunt is held outdoors. Please, dress for the weather.



## BASKETBALL

Grades 1 to 3 .....3:30 P.M. – 4:30 P.M.  
\$40 per participant

### Island Lake Elementary - Gym

Mondays, Jan. 26 – Mar. 9 .....Activity # 190403-01  
(No class Feb. 16)

### Turtle Lake Elementary - Gym

Tuesdays, Jan. 27 – Mar 3 .....Activity # 190403-02

Learn fundamentals of basketball and play in some games each class period. We provide the instruction and equipment; kids provide the desire to learn and have fun. Class meets inside gym.



## SOCCER

Grades 1 to 3 .....3:30 P.M. – 4:30 P.M.  
\$40 per participant

### Island Lake Elementary - Gym

Thursdays, Jan. 22 – Mar. 5 ..... Activity # 190406-01  
(No class Feb. 19)

### Turtle Lake Elementary - Gym

Wednesdays, Jan. 28 – Mar. 4 ..... Activity # 190406-02

Learn the fundamentals of the fun and exciting game of soccer. Kids will build on their skills each week by participating in a variety of drills and games.

## LITTLE STRIKERS BOWLING CAMP



Ages 5 to 10

Monday & Tuesday, Dec. 29 & 30 ..... 10:00 AM – 11:30 AM  
\$35 per participant .....Activity # 190901-01

Flaherty's Arden Bowl – 1273 West Co. Rd E, Arden Hills 55112

**Deadline to Register: 1-week prior to the camp start date.**

This camp is designed for beginning bowlers. Kids will learn bowling basics. They will also visit Bowlopolis, an animated city all about bowling, where they'll meet the characters and learn that bowling is fun! Participants will receive lunch each day of camp. Lunch will be served 30-minutes prior to camp ending. Transportation NOT provided.

## SPORTS GAMES

4 years to Kindergarten ..... 4:40 P.M. – 5:40 P.M.  
\$40 per participant

### Island Lake Elementary - Gym

Thursdays, Jan. 22 – Mar. 5 .....Activity # 190407-01  
(No class Feb. 19)

### Turtle Lake Elementary - Gym

Wednesdays, Jan. 28 – Mar. 4 .....Activity # 190407-02

Jump, catch, dribble, and kick! Children will learn about sports and develop skills. Instructors will teach kids according to skill level. Sports include soccer, floor hockey, basketball, and other gym activities.

## MINI KICKERS SOCCER CAMP

Ages 3 to 8 ..... \$75; \$70 Shoreview Resident

Saturdays, Jan. 17 – Feb. 21

Shoreview Community Center Gym

### Ages 6 to 8

9:00 A.M. – 9:45 A.M. .... Activity # 190801-01

### Ages 3 to 5

10:00 A.M. – 10:30 A.M. .... Activity # 190801-02

10:35 A.M. – 11:05 A.M. .... Activity # 190801-03

Come out and learn the fundamentals of little kids' soccer. This is a great class for learning the basic skills and sportsmanship of soccer. John Swallen, former goalkeeper for the Minnesota Thunder, will teach youth through a variety of fun soccer games.

## GIRLS VOLLEYBALL LEAGUE

Grades 4 to 8

Tuesdays & Saturdays, Jan. 3 – Feb. 28. Games and practices last for one hour. Starting times will vary each week. Tuesdays will be between 5:30 P.M. – 8:30 P.M. and Saturdays between 9:00 A.M. – 4:00 P.M.

\$58; \$48 Shoreview Resident

**Setters, Grades 4-5 .....Activity # 190304-01**

**Spikers, Grades 6-8 .....Activity # 190304-02**

Turtle Lake Elementary

Recreational league play for girls grades 4-8. This instructional league will teach girls the basic skills, rules, and strategies of the fun and exciting game of volleyball. Program consists of one practice and one game each week. Games and practices will last for one hour. Players will receive a t-shirt.

**Register by December 1 for the Girls Volleyball League.** No special friend requests accepted after the deadline.

**Volunteer coaches are needed for the Girls Volleyball League.** If you sign up to be a coach, your child's registration fee will be refunded at the end of the season (one child per team coached). Please complete the box on the registration form if you are interested in coaching. If you have any questions contact Program Supervisor at 651-490-4753.

### COACHES MEETING

Wednesday, December 17  
6:00 P.M. – 7:00 P.M.

Shoreview Community Center



## Tennis Lessons

As a member of the United States Tennis Association (USTA), we are able to provide you with quality instruction that meets national standards in technique and appropriateness for varying skill levels. Using USTA QuickStart tennis curriculum, instructors will help participants progress from basic skills through intermediate skills. Participants should bring their own racquet and water bottle. Sign up with a friend or family member. Meet other players, develop your skills, get some exercise—and, most of all, have fun! Tennis balls are provided.

## GROUP LESSONS

Youth group lessons ..... \$68; \$58 Shoreview Resident

### PeeWees Ages 5 to 7

Peeweesees are taught the basics of tennis in a fun, exciting environment. The instructor introduces tennis slowly using low compression tennis balls and integrating games progressing at individual's pace. Balls are provided. Children should bring their own junior size racquet and a water bottle.

### Beginners Ages 7 to 11

For players with little or no tennis experience. Instruction focuses on grip, rules, and fundamental strokes.



## GROUP LESSONS

Class Level	Day	Date	Time	Location	Activity #
Pee Wees	Monday	Jan. 5 – Feb. 9	5:30 – 6:15 P.M.	Turtle Lake Elementary	190606-01
Beginners	Monday	Jan. 5 – Feb. 9	6:30 – 7:25 P.M.	Turtle Lake Elementary	190607-01
Pee Wees	Thursday	Jan. 8 – Feb. 12	5:30 – 6:15 P.M.	Turtle Lake Elementary	190606-02
Beginners	Thursday	Jan. 8 – Feb. 12	6:30 – 7:25 P.M.	Turtle Lake Elementary	190607-02

If necessary, make-up lessons will be held the week of February 16

## BROOMBALL LEAGUES

Games begin in mid-December (weather permitting)  
 \$335 per team  
 Men's D Monday evenings..... **Activity # 120301-01**  
 Shoreview Commons Rink  
 (behind Shoreview Community Center)

**Deadline to register: Monday, Dec. 1 or until league is full.**

Teams play 6 outdoor officiated games and playoffs for the top finishers. Players provide their own legal brooms, balls, and helmets.

## DODGEBALL LEAGUE

Ages 16 and up  
 Wednesday evenings, starting January 14  
 \$160 per team..... **Activity # 120401-01**  
 Turtle Lake Elementary

Here is your chance to relive the good ol' times and see if you still have what it takes to be the last person standing. Gather your friends and co-workers to join in on the fun. Teams will play 6 officiated league games and a season ending playoff. Game times vary week-by-week and usually last 45-minutes to an hour. Any ratio of men and women may participate, including all male and all female teams. **Registration deadline is December 31 or until league is full.**

## ISLAND LAKE SCHOOL ADULT DROP-IN BASKETBALL

September 24 – April 29  
 \*Gym closed on Wednesdays: Nov. 26, Dec. 24 & 31, Mar. 18, Apr. 22.  
 \*Gym closed on Saturdays: Oct. 18, Nov. 29, Dec. 20 & 27, Jan. 3 & 24, Feb. 14.  
 \$5 per person; pay at door  
 Wednesdays.....6:30 P.M. – 9:00 P.M.  
 Saturdays.....8:00 A.M. – 10:00 A.M.  
 Island Lake Elementary

Shoot baskets or join a pick-up game arranged by the players. Space limited to 30 players. Call 651-490-4750 for more information.

## SOFTBALL LEAGUES

We offer a variety of co-rec and men's leagues for teams and players of different abilities and interests. Teams are registered with the Minnesota Recreation and Parks Association (MRPA) and with United States Slo-Pitch Softball Association (USSSA). USSSA rules are used for all games.

### Program Information

Softballs and umpires are provided for all games. Summer league game times are 6 and 7 P.M. (some 8 P.M. and 9 P.M. games in combined leagues). Leagues consist of 20 doubleheader games and a season ending single elimination playoff. League fees include USSSA Sanctioning fees and sales tax.

\*All leagues run in collaboration with Adren Hills Parks and Recreation. **Registration deadline is March 27.**

### Softball League Descriptions

**Men's Recreation E:** Good or new teams. Players are not as competitive as in D level, may be older, and have less experience or ability. Three home runs per team.

**Men's Recreation D:** Better teams. Many of the players hit well. Team capable of scoring many runs. Three home runs per team.

**CoRec D:** Average teams. Teams have players with broad range of ability levels. Three home runs per team. CoRec leagues use an 11-inch softball for women and a 12-inch softball for men.

### Managers Meeting

This meeting is required for all teams registered in Shoreview's leagues. Schedules, rules, information and game balls will be handed out.

Thursday, April 9.....6:00 P.M.  
 Shoreview Community Center

### Softball League Information

League	Day	Start Date	Games	Early Bird by 3/6	after 3/6	Activity #
CoRec D	Mon	4/20	20 Games: Doubleheaders & Playoffs	\$670	\$700	220801-01
Men's E	Tue	4/21	20 Games: Doubleheaders & Playoffs	\$630	\$660	220801-02
Men's D	Wed	4/22	20 Games: Doubleheaders & Playoffs	\$630	\$660	220801-03
CoRec D	Thu	4/23	20 Games: Doubleheaders & Playoffs	\$670	\$700	220801-04

## OUTDOOR SKATING RINKS

The City of Shoreview has seven outdoor skating rinks with supervised warming house facilities. All of the locations below have lighted hockey and general skating rinks. Public skating will be open from December 15 thru February 16, depending on weather and ice conditions.

### Bobby Theisen Park

3575 Vivian Street  
651.483.3043

### Bucher Park

5900 Mackubin Street  
651.415.0609

### McCullough Park

955 County Road I  
651.484.4350

### Shoreview Commons

4580 North Victoria Street  
651.490.4748

### Sitzer Park

4344 Hodgson Road  
651.288.0062

### Shamrock Park

5623 Snelling Avenue  
651.785.1758

### Wilson Park

815 County Road F  
651.482.9555



## WARMING HOUSE HOURS

	Bobby Theisen, Bucher, Shoreview Commons & Shamrock	McCullough, Sitzer & Wilson
Monday – Friday	4:30 P.M. – 8:30 P.M.	4:30 P.M. – 8:30 P.M.
Saturday & Sunday	12:00 P.M. – 8:00 P.M.	12:00 P.M. – 8:00 P.M.
D621 School's Out Days	10:00 A.M. – 8:30 P.M.	4:30 P.M. – 8:30 P.M.
Christmas Eve	10:00 A.M. – 4:00 P.M.	Closed
Christmas Day	Closed	Closed
New Years Eve	10:00 A.M. – 4:00 P.M.	Closed
New Years Day	10:00 A.M. – 8:30 P.M.	4:30 P.M. – 8:30 P.M.

Warming house sites will be closed when it is in the best interest and safety of the community. Situations where we may close the warming houses include: Warm temps have softened the ice, temps are below -10 degrees, windchills are below -20 degrees, or if we have substantial snowfall. **Call the weather line at 651.490.4765 to receive an update on all possible closures.**

## OPEN SKATING AT SHOREVIEW ICE ARENA

Public open skating is available at the Shoreview Ice Arena (operated by Ramsey County). Call 651.748.2500 for dates and times or visit [www.co.ramsey.mn.us](http://www.co.ramsey.mn.us).

## TRAILS FOR CROSS COUNTRY SKIING

Ramsey County Parks and Recreation offers marked and groomed cross-country ski trails at County Parks. All trails are open daily from sunrise to sunset. Trail maps and grooming patterns for each park are available; please call 651.748.2500 or visit [www.co.ramsey.mn.us](http://www.co.ramsey.mn.us).



## FREE ACTIVITIES AT THE COMMUNITY CENTER

### 500

Mondays at 12:30 P.M. .... **Activity #500603-01**  
No partners required

### Bridge

Thursdays at 12:30 P.M. .... **Activity #500604-01**  
No partners required. No Bridge Nov. 27, Dec. 25, Jan. 1

### Bingo

One Wednesday monthly at 1:00 P.M. .... **Activity #500605-01**  
\$0.25 per card (no max)  
November 26, December 17, January 28, February 25, March 25

### Book Club

Second Wednesday of the month  
1:00 P.M. .... **Activity # 500606-01**  
Nov. 12, Dec. 10, Jan. 14, Feb. 11, Mar. 11  
See website for book list.

## DROP-IN PICKLEBALL

Ages 18 and up

Monday – Friday ..... 8:30 A.M. – 11:00 A.M.  
Sept. 8 – May 29 ..... \$3 or free to members

Shoreview Community Center Gymnasium

Gym reserved exclusively for pickleball during these dates and times.

On Mounds View School District no school days, the gym closes at 10 A.M.

Pickleball is a combination of tennis, badminton, and ping pong played by four people on a badminton size court with paddles and a plastic polyball. It is great exercise, easy to learn and lots of fun. Come see what the excitement is all about as current players will teach you all about the fastest growing sport in America. We have the equipment, just drop by.

## HOLIDAY LUNCHEON

Tuesday, December 16 ..... arrive at 12:00 P.M.  
\$25 ..... **Activity # 100511-01**

Shoreview Community Center

**Deadline to Register: Monday, Dec. 8**

Celebrate the holiday season at the Shoreview Community Center. It's the perfect place to relax as we share laughter amongst friends, meet new people and enjoy this annual holiday luncheon tradition. We will have lovely entertainment by Schmitt Music. We will enjoy a lovely catered buffet lunch which will feature; Crusted Chicken Breast, Salad, Golden Cheddar Potatoes, Steamed Mixed Vegetables, an assortment of petite bars, and a non-alcoholic beverage. **Transportation NOT provided for this event.**



## SHOREVIEW AREA PICKLEBALL CLUB

\$15 Annual Membership ..... **Activity # 520200-01**

We're happy to welcome you to the fastest growing sport for adults in the Country. Pickleball is fun and easy to learn with a variety of play options available for everyone at any skill level. The choice is yours in the Shoreview Area Pickleball Club. Join our club and give it a try...you will be happy you did! When you join the SAPC, you receive exclusive benefits for your membership: dedicated court time, free training for beginners, and email updates on gatherings and club news. Membership is good for 2015 calendar year. Membership fee is used for basic expenses like balls, paddles, nets and print materials.

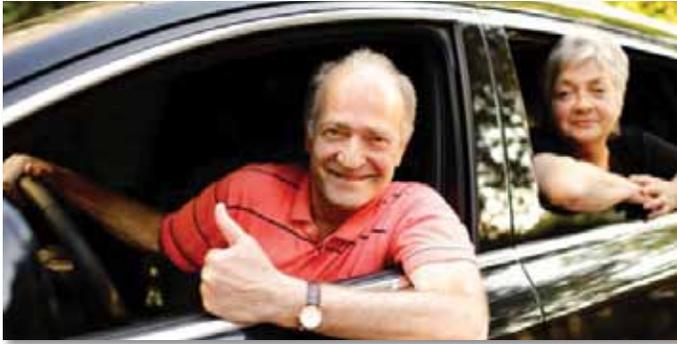
### Bobby Theisen Park (6 dedicated pickleball courts)

\*Monday – Friday ..... 8:00 – 11:00 A.M.  
\*Tuesday, Thursday & Sunday ..... 6:00 – 8:00 P.M.  
\*For experienced players

### Commons Park (2 courts striped on tennis courts)

\*\*Monday, Wednesday & Friday ..... 9:00 – 11:00 A.M.  
\*\*For beginner and social players





## AARP SMART DRIVER COURSE

The AARP Driver Safety Program is designed for motorist's age 55 and older. Upon completion of one of these seminars, you will be entitled for a discount on your auto insurance premium. **For the first time, one attends the 8-hour seminar.** To retain the insurance premium discount, everyone should attend the 4-hour refresher seminar every 3 years. Please bring your current driver's license with you. Seminars are taught by AARP trained volunteers. Registration deadline is 3 days prior to the class. AARP member cards must be presented at the time of registration to qualify for member rates. This rate includes a Shoreview administration fee.

### 2014 Course

**4 Hour Day Course**..... 9:00 A.M. – 1:00 P.M.  
AARP Member Rate: \$23; Non-Member Rate: \$28  
Tuesday, November 18.....**Activity # 450201-03**  
Tuesday, December 16.....**Activity # 150201-01**

**4 Hour Evening Course** ..... 5:30 P.M. – 9:30 P.M.  
AARP Member Rate: \$23; Non-Member Rate: \$28  
Wednesday, December 3.....**Activity # 150202-01**

### 2015 Course

**8 Hour Evening Course** ..... 5:30 P.M. – 9:30 P.M.  
AARP Member Rate: \$25; Non-Member Rate: \$30  
Monday, February 23 and Wednesday, February 25  
.....**Activity # 150204-01**  
Monday, April 27 and Wednesday, April 29  
.....**Activity # 250201-06**

**4 Hour Day Course**..... 9:00 A.M. – 1:00 P.M.  
AARP Member Rate: \$23; Non-Member Rate: \$28  
Tuesday, January 13.....**Activity # 150201-02**  
Tuesday, February 10.....**Activity # 150201-04**  
Tuesday, March 10.....**Activity # 250201-01**  
Tuesday, April 14.....**Activity # 250201-03**  
Tuesday, May 12.....**Activity # 250201-04**

**4 Hour Evening Course** ..... 5:30 P.M. – 9:30 P.M.  
AARP Member Rate: \$23; Non-Member Rate: \$28  
Wednesday, January 28.....**Activity # 150201-03**  
Wednesday, March 25.....**Activity # 250201-02**  
Wednesday, May 27.....**Activity # 250201-05**

## AARP TAX AIDE

Income Tax Aide.....**Activity # 100601**  
Wednesday, February 4 – April 8 ..... 9:00 A.M. – 1:00 P.M.

Property Tax Aide .....**Activity # 100602**  
Wednesday, April 15 ..... 9:00 A.M. – 1:00 P.M.

Shoreview Community Center

AARP's Tax Aide volunteers will provide FREE tax assistance to seniors and low income taxpayers. The trained volunteers can complete basic tax forms and answer your tax questions. **Bring your current tax records, last year's tax return, Social Security Card and Picture ID.** Income tax aid appointments are approximately 1-hour and property taxes are approximately 30-minutes. Please visit our website at [www.shoreviewcommunitycenter.com](http://www.shoreviewcommunitycenter.com) or call 651-490-4750 to make an appointment. Appointments are necessary and will be reserved on a first come, first serve basis as space is limited.

If you are interested in volunteering as a member of the AARP Tax team contact District Coordinator, Tom Leiser at 651-483-5162. No experience necessary, and an extensive IRS approved training program is provided.



## SENIORFIT

The Shoreview Community Center is dedicated to helping seniors stay active and fit. SeniorFIT group exercise classes offer you the best opportunity to stay on track toward your health and fitness goals. These classes are specially tailored for older adults (age 65+) and taught by our experienced and highly trained fitness instructors. SeniorFIT classes can accommodate any fitness level. Any participant may register for these classes, however, these classes are only free to individuals with an annual senior membership. Please see page 35 for SeniorFIT classes.

## APOLLO: WHY WE WENT TO THE MOON, A NON-TECHNICAL LOOK AT MANKIND'S GREATEST TECHNOLOGICAL ACHIEVEMENT

Wednesday, November 19, 2014..... 10:00 A.M. – 11:30 A.M.  
\$15; \$10 Shoreview Resident..... **Activity # 400227-01**

Shoreview Community Center

**Deadline to register: Friday, Nov. 14**

July of 1969 will be remembered for centuries to come as the first time that mankind ventured beyond the earth's boundaries and explored a new world. There were many forces, political, social and fiscal, at work that led us to the moon. Join us for a non-technical discussion about mankind's greatest technological achievement. Following the discussion there will be a social and refreshments.

## TURKEY BINGO

Friday, November 21, 2014 ..... 1:00 P.M. – 2:30 P.M.  
\$6; \$5 Shoreview Resident ..... **Activity # 400505-01**

Shoreview Community Center

Come win cool prizes! One gift certificate for a 10 pound turkey will be the cover all prize.

## THE BUDDY HOLLY STORY: THE HISTORY THEATRE

Thursday, December 18, 2014..... 8:30 A.M. – 2:00 P.M.  
\$77; \$72 Shoreview Resident..... **Activity # 400302-01**

**Bus leaves the Community Center at 8:30 A.M.**

**Deadline to register: Friday, Nov. 14**

Back at the History Theatre by popular demands, award-winning production of Buddy-the Buddy Holly Story. Part biography, part rock 'n' roll concert, this musical is a toe-tapping, hand-clapping celebration of the life and music of Buddy Holly, from his meteoric rise to stardom to the unforgettable concert in Clear Lake, Iowa. Packed with 24 hit songs including "Peggy Sue," "Words of Love," "Oh Boy!," "Rave On," and "That'll Be the Day" – it's guaranteed to have audiences dancing in the aisle. After the show we will enjoy a nice lunch at M Street Grill featuring carved meats, fish, soup, salad, an assortment of side dishes. **(Price includes show, lunch, coach transportation, and svcc escort).**

## OUTSIDE MULLINGAR: OLD LOG THEATRE

Wednesday, January 21, 2015 ..... 11:15 A.M. – 4:30 P.M.  
\$84; \$79 Shoreview Resident..... **Activity #: 100301-01**

**Bus leaves the Community Center at 11:15 A.M.**

**Deadline to register: January 2**

OUTSIDE MULLINGAR is a regional premiere exclusively at The Old Log Theatre. Written by John Patrick Shanley, author of Tony Award and Pulitzer Prize winner Doubt and Academy Award winner Moonstruck, OUTSIDE MULLINGAR is a romantic comedy about Anthony and Rosemary, neighbors in rural Ireland, who are nearing their middle years. It is by turns poetic, uplifting, dark and funny. Anthony is an introverted farmer and Rosemary is the woman that vows to have him at all costs. When Anthony's father threatens to disinherit his son, Rosemary steps into the middle of a land feud and family eccentricities beyond what one might imagine. On the brink of romantic catastrophe, this is one of a kind Irish heroine fights against time and mortality in hopes of securing her dream love. The New York Times called OUTSIDE MULLINGAR "a softhearted comedy freckled with dark reflections on the unsatisfactory nature of life and the thorns of love" and The Hollywood Reporter calls it, "a charmer of a play". **(Price includes show, lunch, coach transportation, and svcc escort)**

## DIRTY ROTTEN SCOUNDRELS: OLD LOG THEATRE

Thursday, April 9, 2015..... 11:15 A.M. – 4:30 P.M.  
\$84; \$79 Shoreview Resident..... **Activity #: 200305-01**

**Bus leaves the Community Center at 11:15 A.M.**

**Deadline to register: March 20**

Based on the popular film, Dirty Rotten Scoundrels centers on two competing con men living on the French Riviera. At first, the suave and experienced Lawrence Jameson takes the rookie con man, Freddy, under his wing. But soon, Freddy tries to compete directly with Lawrence. The competition comes to a peak when they agree that the first con man to extract \$50,000 from the female heiress, Christine Colgate, wins and the other must leave town forever. A hilarious series of schemes masquerades and double-crosses. **(Price includes show, lunch, coach transportation, and svcc escort)**

## GENEALOGY RESEARCH ON THE INTERNET

Wednesday, February 4, 2015.....6:00 – 7:30 P.M.  
\$35; \$30 Shoreview Resident.....**Activity #: 100201-01**

Location: Shoreview Community Center

**Deadline to register: Wednesday, January 28**

We'll discuss birth, marriage and death records, census data, and military records. You will learn where to find old history books that may mention your family members and their part in settling the counties throughout the United States. I'll show you the best and most reliable websites and you will learn the tricks to solving problems and breaking down the brick walls that might be blocking your research. Looking forward to seeing you.

## LUNCH & MOVIE

Tuesday, February 17, 2015.....12:30 – 3:30 P.M.  
\$12; \$10 Shoreview Resident.....**Activity #: 100220-01**

Location: Shoreview Community Center

**Deadline to register: Friday, February 13**

Come enjoy a delicious lunch while you sit back and relax and enjoy a movie. Movie title will be posted a week before the event.

## UNDERSTANDING ESTATE PLANNING AND TRUSTS

Monday, February 23, 2015.....6:30 – 8:30 P.M.  
\$30; \$25 Shoreview Resident.....**Activity #: 100202-01**

Location: Shoreview Community Center

**Deadline to register: Monday, February 16**

If you own a business, a cabin, condo or timeshare in another state; have minor children, want to avoid probate or protect assets for future generations, a trust may be a great estate planning tool for you. Several types of trusts – Revocable Living Trusts, Irrevocable Trusts and Support Trusts for children/grandchildren – will be discussed. Hear how trusts can protect assets from irresponsible family members, how to avoid probate, reduce estate taxes, or protect assets from creditors. Q&A time included. Instructor is an experienced estate planning, probate and business law attorney.



## TECHNOLOGY SELF DEFENSE

Friday, February 27, 2015.....9:00 – 11:00 A.M.  
\$30; \$25 Shoreview Resident.....**Activity #: 100221-01**

Location: Shoreview Community Center

**Deadline to register: Friday, Feb. 20**

Join this class to learn how to protect yourself from technology threats. You will learn how to avoid scams online, defend your computer from viruses/malware, preserve your privacy, and ensure your data is backed up. We will also discuss proper password management.

## HOW TO USE GENEALOGY SOFTWARE AND ANCESTRY.COM FOR YOUR FAMILY TREE.

Wednesday, March 4, 2015.....6:00 – 7:30 P.M.  
\$35; \$30 Shoreview Resident.....**Activity #: 100201-02**

Location: Shoreview Community Center

**Deadline to register: Wednesday, February 25**

Learn how to organize your family tree information using software and the ancestry.com website. You will learn how to start your family tree and add documentation, as well as photos and stories. You will be able to print pedigrees and your family history for yourself and family members. Create a book to tell your story.

## BINGO & BANANA SPLITS

Friday, March 13, 2015.....1:00 – 2:30 P.M.  
\$6; \$5 Shoreview Resident.....**Activity #: 200504-01**

Location: Shoreview Community Center

**Deadline to register: Friday, March 6**

Shake off the winter blues with banana splits and bingo! Join us for a great afternoon of fun! We will have lots of prizes to give away! (price includes treat, prizes, & bingo)

# Jobs that Fit Your Lifestyle!



Part-time ♦ Flexible Hours ♦ Fun People

**Child Care Attendants** - Provide care for children ages 6 months to 8 years in our drop-off childcare center located in the Shoreview Community Center. Experience working with pre-schoolers preferred. M - F daytime 8:00 a.m. - 12:30 p.m. and evenings 4:00 - 9:00 p.m. Sat. 8:00 a.m. - 12:30 p.m. \$8 - \$9/hr.

**Dodgeball Officials** - Dodgeball officials are needed to officiate 3 - 4 games per night from 6 - 10 pm. Games are held at Turtle Lake School. Previous officiating or playing experience preferred. Jan - May. \$10 - \$13/game.

**Fitness Instructors** - All formats including cardio-kick, cycling, Tai Chi, kettlebells, strength training, water exercise, ballet fitness, yoga, Pilates, and dance-based fitness classes. Certification preferred. Morning, afternoon, evening, and weekend hours available. \$15 - \$21/class.

**Guest Service/Memberships** - Introduce potential members to facility, features and membership benefits; retain members through follow-up calls and direct mail; provide rental information; operate in lead capacity at our Service Desk; troubleshoot guest issues and concerns; operate cash register and computer. \$9.50 - \$11/hour.

**Gymnastics/Tumbling Instructors** - Teach beginning to intermediate level classes. Previous teaching, gymnastics experience and knowledge are preferred. Saturday hours available. \$8.50 - \$10.00/hr.

**Ice Rink Attendants** - Desire to work with the public and a commitment to a part-time schedule is required. Ability to skate not necessary. Weekdays, evenings and weekends. 10 - 20 hrs/week. Mid-Dec through mid-Feb. Must be willing to commit for entire season. \$8.00 - \$8.75/hr.

**Ice Skating Instructors** - Instruct youth in ice skating. Skating knowledge and experience required. Previous teaching experience desired. 2 - 4 hours. Sat mornings. Oct - Feb. \$10 - \$11/hr DOQ.

**Lifeguards (we will train)** - Lifeguard in a tropical paradise at our beautiful indoor pool. Ensure the safety of pool guests by preventing and responding to emergencies. Lifeguards needed for morning, afternoon, weekend and evening hours. \$8.50 - \$10/hr. Daytime Hours: M - F 4:45 a.m. - 4 p.m. 15 - 20 hours per week. \$9.50/hr. Current certifications or we will train (must be able to swim 200 yards).

**Pool Coordinator** - Coordinate activities inside the pool area including all pool operations, supervise staff, assist in scheduling unfilled shifts, interpret and carry out pool policy for patrons and staff, operate and maintain pool systems, assist with training, perform in accordance with appropriate safety & security standards. Approx 15 - 20 hours per week. \$11.00-13.50/hour.

**Sports Instructors** - Instruct elementary age children in a variety of sports including floor hockey, indoor soccer, and basketball. A general sports background, knowledge and a desire to teach children basic sports skills required. A great job for a PE major! Weekday afternoons approximately 3:30 - 5:40 p.m. 5 hours per week. Jan - May. \$10 - \$12.50/hr.

**Swimming Instructors (we will train)** - Swimming instructors needed for morning, afternoon, and evening lessons at the Community Center pool. \$8.50 - \$12/hr.

**Wave Cafe** - Prepare food orders, operate a cash register, maintain a clean work area, stock supplies, clean tables and help keep the lobby area neat. M - F 9:30 a.m. 3:30 p.m. Daytime hours: \$8.50 - \$9.50/hr. Evenings/weekends: \$8 - \$9/hr.

**Youth Volleyball Officials** - Officiate the girls youth volleyball league grades 4-8. Games held at Turtle Lake Elementary in Shoreview. Previous volleyball exp preferred. Games are on Tues evenings; 2-3 games 5:30-8:30 pm and some Sat starting at 12 noon. Jan- Feb. \$15 -\$25 per game DOE & certifications.



Apply at: [www.shoreviewmn.gov](http://www.shoreviewmn.gov)  
Shoreview Parks & Recreation  
4580 North Victoria Street, Shoreview MN  
651-490-4750. Equal Opportunity Employer



FREE  
Community Center  
Membership!

## MEALS ON WHEELS

The Meals On Wheels program is available to eligible seniors and certified, disabled individuals (regardless of age) who are residents of Mounds View School District 621. Hot, nutritious noon meals are delivered by volunteers Monday through Friday, except on holidays. For more information, call 651.621.7431.

## FOOD SHELF DONATIONS

The Community Center is a year-round drop-off site for the Ralph Reeder Food Shelf. When you pack your gym bag, include a non-perishable food item to contribute to the food shelf. Look for the green bins. Thank you!

## NORTHWEST YOUTH AND FAMILY SERVICES

Northwest Youth and Family Services, a non-profit social service agency based in Shoreview, serves residents of the northern suburbs. Services include mental health counseling for youth and adults, employment programs for at-risk youth, parenting support groups, and chore services for seniors. For a full listing of programs and services, please visit our web site at [www.nyfs.org](http://www.nyfs.org) or call us at 651.486.3808.

## SENIOR CHORE SERVICE

Need assistance with household chores? Students ages 12 to 17 are available to assist with mowing, snow shoveling, housecleaning and other projects on a one-time, weekly or monthly basis. Rates are affordable and financial assistance is available to eligible seniors to offset the cost. Call Debbie at 651.379.3451 to arrange for chore service.

## ATHLETIC ASSOCIATIONS

### Irondale Baseball League

[www.iblbaseball.com](http://www.iblbaseball.com)

### Irondale Girls Fastpitch Association

[www.knightsfastpitch.org](http://www.knightsfastpitch.org)

### Irondale Youth Hockey Association

[www.ihaleague.org](http://www.ihaleague.org)

### Iron Mustang Wrestling

[www.ironwrestling.com](http://www.ironwrestling.com)

### Mounds View Basketball Association

[www.moundsviewbasketball.com](http://www.moundsviewbasketball.com)

### Mounds View Lacrosse

[www.moundsview.lacrossesystems2.com](http://www.moundsview.lacrossesystems2.com)

### Mounds View Softball Association

[www.moundsview.softballsystems.com](http://www.moundsview.softballsystems.com)

### Mounds View Youth Hockey Association

[www.moundsview.pucksystems2.com](http://www.moundsview.pucksystems2.com)

### Mounds View Youth Football League

[www.moundsviewyouthfootball.org](http://www.moundsviewyouthfootball.org)

### North Suburban Aquatic Club

[www.nsmakos.org](http://www.nsmakos.org)

### North Suburban Soccer Association

[www.nssasoccer.org](http://www.nssasoccer.org)

### Roseville Area Youth Hockey

[www.rosevillehockey.org](http://www.rosevillehockey.org)

### Shoreview Area Youth Baseball

[www.sayb.hardballsystems.com](http://www.sayb.hardballsystems.com)

## Shoreview Recreation Areas



Web Page: [www.shoreviewmn.gov](http://www.shoreviewmn.gov)

	Acres	Ballfields	Basketball Court	Football/Soccer	Hardcourt Area	Hockey Rinks	Paths	Pickleball (on tennis courts)	Picnic Areas	Playground Eq.	Shelter	Skating, general	Skating, Speed	Soccer	Swimming	Tennis Courts (lit courts)	Volleyball
<b>Bobby Theisen Park</b> 3575 Vivian Ave.	15		1					6						1		3	
<b>Bucher Park</b> 5900 Mackubin Street	25	2	1											1		2	
<b>Lake Judy Park</b> 900 Tiller Lane	5		1/2														
<b>McCullough Park</b> 955 County Rd I	75	2	1						With grill					1		2	
<b>Ponds Park</b> 190 Sherwood Road	1								Table only								
<b>Rice Creek Fields</b> 5880 Rice Creek Parkway	10	4															
<b>Shamrock Park</b> 5623 Snelling Ave.	23	2	1					2	With grill					1		2	
<b>Shoreview Commons and Community Center</b> 4580 North Victoria	40	2	1					2	With grill					1		2	
<b>Sitzer Park</b> 4344 Hodgson Road	8	2	1						With grill							2	
<b>Wilson Park</b> 815 County Road F	13	2	1						Tables Only With grill							2	

## SWEETROLL SKATE PARK

The SweetRoll is a tier-one skating facility, located on the north side of the Shoreview Community Center, 4580 Victoria Street North, adjacent to the paved trail that runs under Highway 96. This allows access to the SweetRoll via the City of Shoreview's 41 miles of paved trails. The attractions include a wedge, a spine, a fun box, a quarter pipe, grind rails, and a mini ramp. The Skate Park will be open for inline skaters and skateboarders during the times listed below.

**Park Hours** Hours subject to change.

### Monday–Friday

3:30 – 8:00 P.M. School Year  
9:00 A.M. – 8:30 P.M. Summer

### Saturday

9:00 A.M. – 7:30 P.M. School Year  
9:00 A.M. – 8:30 P.M. Summer

### Sunday

9:00 A.M. – 5:30 P.M. School Year & Summer

The following are operated by Ramsey County Parks. 651-748-2500 <a href="http://www.co.Ramsey.mn.us">www.co.Ramsey.mn.us</a>	Acres	Boat Ramp	X-Country Skiing	Fishing	Hiking Trails	Hockey Rinks	Golf Course	Paths	Picnic Areas	Playground Eq.	Shelter	Swimming
<b>Island Lake County Park</b> 3611 Victoria Street	167											
<b>Lake Owasso County Park</b> 370 N. Owasso Blvd.	9											
<b>Shoreview Ice Arena</b> 877 Highway 96 (Hockey only)												
<b>Snail Lake Regional Park</b> 580 Snail Lake Blvd.	400											
<b>Turtle Lake County Park</b> 4979 Hodgson Road	9											

For detailed park info and maps, visit [www.GoRamsey.org](http://www.GoRamsey.org)

## Winter Registration Schedule Shoreview Resident Priority

Shoreview residents are given first priority in registering for Parks and Recreation programs.

**Begins Monday, December 1 at 8 A.M.**

## Annual Community Center Member Registration

**Begins Wednesday, December 3 at 8 A.M.**

## General Registration

Anyone may register at this time. No residency or membership required.

**Begins Friday, December 5 at 8 A.M.**

### How to Register:

1. On-line at [www.shoreviewcommunitycenter.com](http://www.shoreviewcommunitycenter.com)
2. Mail in to: Shoreview Parks and Recreation  
4580 Victoria St N  
Shoreview, MN 55126
3. Fax to 651.490.4797 (credit card payment only)
4. Drop-off at our office, Community Center Service Desk, or City Hall drop box
5. In-person during normal business hours: M-F,  
8 A.M. – 4:30 P.M.

### Registering on-line is easy!

1. Go to [www.shoreviewcommunitycenter.com](http://www.shoreviewcommunitycenter.com) and click "Member Login".
2. Login with your user name and password
  - If you have never used our system before, you may create an account on-line
  - If you are unsure of your user name or password and you do not have an email address on file with us, contact us at 651.490.4750.
3. Click on "Browse Activities" or "Activity Type"
4. Search for a program
5. Click the "add to cart" button and "enroll now" located at the bottom of the screen. You can enroll in multiple classes or register multiple participants at a time.
6. Continue shopping or proceed to check out.

### Register Early!

Space is limited in most activities.

## Registration Information

**Registrations processed online are given immediate priority followed by in-person registration. Registrations received via mail, fax, or drop-off are processed as time permits.**

1. Drop-off points include:
  - a. The Parks and Recreation Reception Desk, Monday through Friday, 8:00 A.M. to 4:30 P.M.;
  - b. The Shoreview Community Center Service Desk,
  - c. The after-hours payment box, to left of front door of City Hall.
2. Occasionally, activities are filled. To help continue the immediate processing of your enrollment, please indicate a second choice. If your first choice is full, we will call or email you confirming enrollment in your second choice.
3. A resident is defined as an individual whose legal residential address is within the City of Shoreview.
4. Activity fees may not be pro-rated.
5. Make all checks payable to the City of Shoreview. Visa or MasterCard are accepted.
6. Registrations will be processed at the Parks and Recreation desk from 8 A.M. to 4:30 P.M. Participants are notified if classes are filled or canceled. If a class is canceled due to insufficient registration, a refund check will be mailed to you. Confirmations will be issued only by e-mail. You can view your class confirmation information on-line. On-line registrations receive a higher priority than registrations that are in-person, mailed, faxed, or dropped off.
7. The City of Shoreview supports participation by persons with disabilities. Please include information about any accommodations you need.
8. Refunds may be issued when requested 5 working days before the activity or class begins unless otherwise noted in the class description. A service charge of \$5 will be deducted from refunds for classes priced up to \$100. A service charge of \$10 will be deducted from refunds for classes priced over \$100.
9. Financial aid for qualifying residents with financial limitations is available.
10. Voice/TDD: 651.490.4750.
11. Periodically, the City of Shoreview will take pictures or videotapes of participants while they are engaged in programs, activities, or special events or while enjoying parks or other facilities. Please note that these photos may appear in city brochures and publications, local newspapers, on local cable television, and/or on the city web page. If you or your family members do not wish to be photographed or published, you must give written notice.



# Program Registration Form

Shoreview Parks & Recreation Dept. | 4580 Victoria Street North | Shoreview, MN 55126  
Phone: 651.490.4750 | Fax: 651.490.4797 | Web: www.shoreviewcommunitycenter.com



Please fill out the form below completely. An incomplete form may delay your registration. If you prefer, you may register online at: <https://registration.shoreviewmn.com> or scan the QR code with your smartphone.

LAST NAME (PRIMARY) \_\_\_\_\_ FIRST NAME (PRIMARY) \_\_\_\_\_ HOME PHONE (AREA CODE) \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_ CELL PHONE (AREA CODE) \_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_ EMERGENCY CONTACT \_\_\_\_\_

Participants Last Name/First	M/F	Birthdate	Activity Number	Activity Name	Activity Day/Time	Fee \$
Are you a Community Center Annual member? <input type="checkbox"/> Yes <input type="checkbox"/> No						Total Amount Enclosed \$

**YOUTH SPORTS LEAGUES** *(Please fill out completely)*

Special requests for teammates are NOT guaranteed and are limited to ONE REQUEST PER PLAYER. Group and/or chain requests will not be honored. The City encourages players to make new friends and develop social skills. If you sign up as a head coach, your child's registration will be reimbursed after the season is completed.

School child attends: \_\_\_\_\_

Grade (2014-2015 school year): \_\_\_\_\_

Child shirt size: Youth / Adult    S    M    L    XL

Teammate request name: \_\_\_\_\_

I would like to coach: Y N shirt size: S M L XL XXL

Coach Name: \_\_\_\_\_

**PAYMENT TYPE** If paying by credit card, please circle type.

Cash     Check # \_\_\_\_\_     Credit Card

Checks Payable to "City of Shoreview"

Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

Billing address is different from above (Please include billing address)

\_\_\_\_\_

Special Needs/ Allergies/ Etc: \_\_\_\_\_

**WAIVER AND PERMISSION:** In consideration of your accepting my child's entry or my entry, I hereby, for myself, my child, my heirs, executors and administrators, waiver and release any and all rights and claims for damages I or my child may have against the City of Shoreview, the Parks and Recreation Department, or the school district and its representatives, successors and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups. I further understand that the personal information I provided on this form, (name, birth date, address, email address, phone number), is considered private data and not giving the information may limit future contact about program updates and changes. I understand that this information is available to staff, coaches, volunteers, contractors, city auditors, attorney, and insurers as needed to perform their job duties. I do hereby allow the City of Shoreview to use any photographs and videos taken by the city, of the individual(s) named herein, in city print and electronic publications released to the general public.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Your signature indicates you have read the registration information and understand all information relevant to your program choice.

Family New Year's Eve

# Hawaiian Holiday

AT THE **SHOREVIEW COMMUNITY CENTER**

Enjoy a Hawaiian Holiday at the Tropics  
Indoor Waterpark & Tropical Indoor Playground!

**Wednesday, December 31st, 5:30PM-8PM**

Bring the whole family to Shoreview's annual New Year's Eve Party! You'll have the chance to make arts and crafts, play super fun games, get your face painted, splash in the Tropics Waterpark, swim and take your picture with a mermaid, and more! Concessions are available for an additional fee at the Wave Café. **Register by December 30th and save! Price is \$10 at the door.**

Register in person or online at  
[www.shoreviewcommunitycenter.com](http://www.shoreviewcommunitycenter.com)

*Swim and take your  
picture with a mermaid!*

Youth \$9 (ages 1-17): Activity # 160103-01  
Adult \$7 (ages 18+): Activity # 160103-02





**City of Shoreview**  
 4600 Victoria Street North  
 Shoreview, MN 55126

# HOMIE

AND HEALTHY  
 FOR THE

# Holidays

• AT THE SHOREVIEW  
 COMMUNITY CENTER

**ANNUAL**  
 MEMBERSHIP BENEFITS



{ AFFORDABLE NO INITIATION FEES  
 STATE-OF-THE-ART FITNESS CENTER  
 INSURANCE REIMBURSEMENTS  
 GIFT CARDS AVAILABLE }



**ONE MONTH**  
 MEMBERSHIP

**\$ 35**

*for only*

SALE RUNS 11/28/14-12/23/14

INCLUDES TAX

4580 Victoria Street N, Shoreview, MN 55126 | [www.shoreviewcommunitycenter.com](http://www.shoreviewcommunitycenter.com) | 651.490.4750  
 Restrictions apply. No cash back/refunds. Limit one per person. Membership must start by 1/1/15. Visit Service Desk, or call 651.490.4739 for more information.